

| Rang | N° | Nom Prénom | Sexe | Cat. | Centre CIS | Temps | Moyenne | Course infos |
|------------------------------------|------|----------------------|---------|-----------|------------|------------|---------|----------------|
| Course 3 - Seniors H + Masters 1 H | | | | | | | | |
| 1. | 222 | LE ROUX Romain | M (1.) | SEM (1.) | ALS | 00:36:10.2 | 15.9 | ok |
| 2. | 311 | ABATE Basile | M (2.) | SEM (2.) | BSC | 00:37:09.0 | 15.5 | ok |
| 3. | 468 | RIMBERT Yohan | M (3.) | SEM (3.) | NIM | 00:37:44.4 | 15.2 | ok |
| 4. | 295 | BARTHELEMY Guillaume | M (4.) | M1M (1.) | BSC | 00:38:04.5 | 15.1 | ok |
| 5. | 1155 | BRUMEL Karl | M (5.) | SEM (4.) | VAU | 00:38:43.3 | 14.8 | ok |
| 6. | 220 | BIBAL Steven | M (6.) | SEM (5.) | ALS | 00:38:52.3 | 14.8 | ok |
| 7. | 466 | MANETTI Mathieu | M (7.) | SEM (6.) | NIM | 00:39:04.5 | 14.7 | ok |
| 8. | 1179 | PICAULT Alexandre | M (8.) | SEM (7.) | VLA | 00:39:12.2 | 14.6 | ok |
| 9. | 482 | CHAPON Jean-François | M (9.) | SEM (8.) | NSC | 00:39:18.1 | 14.6 | ok |
| 10. | 528 | RODRIGUES Damien | M (10.) | SEM (9.) | SOM | 00:39:34.1 | 14.5 | ok |
| 11. | 215 | DIAZ Morgan | M (11.) | M1M (2.) | ALS | 00:39:58.7 | 14.4 | ok |
| 12. | 463 | LIOTARD Guillaume | M (12.) | M1M (3.) | NIM | 00:40:16.2 | 14.3 | ok |
| 13. | 270 | JALLET Anthony | M (13.) | SEM (10.) | BESSEGES | 00:40:20.6 | 14.2 | ok |
| 14. | 442 | BERTHOULOUX Julien | M (14.) | SEM (11.) | MAR | 00:40:22.5 | 14.2 | ok |
| 15. | 224 | VENTALON Thomas | M (15.) | SEM (12.) | ALS | 00:40:36.4 | 14.1 | ok |
| 16. | 250 | DEMEY Mickaël | M (16.) | SEM (13.) | AMB | 00:41:07.9 | 14.0 | ok |
| 17. | 228 | ROSE MANZON Raphaël | M (17.) | SEM (14.) | ALS | 00:41:13.9 | 13.9 | ok |
| 18. | 334 | IZAAC Jean-Marie | M (18.) | M1M (4.) | FOU | 00:41:38.2 | 13.8 | ok |
| 19. | 1140 | VITIELO Adrien | M (19.) | SEM (15.) | UZS | 00:41:52.8 | 13.7 | ok |
| 20. | 475 | MOREAU Tom | M (20.) | SEM (16.) | NIM | 00:41:55.0 | 13.7 | ok |
| 21. | 1139 | ROQUE Romain | M (21.) | SEM (17.) | UZS | 00:42:01.4 | 13.7 | ok |
| 22. | 1147 | DUBOIS Thibaut | M (22.) | SEM (18.) | VAU | 00:42:43.0 | 13.4 | ok |
| 23. | 1153 | QOBAA Bilal | M (23.) | SEM (19.) | VAU | 00:42:52.4 | 13.4 | ok |
| 24. | 433 | BOISSON Vincent | M (24.) | M1M (5.) | MAR | 00:43:03.5 | 13.3 | ok |
| 25. | 432 | JULIEN Samuel | M (25.) | M1M (6.) | MAR | 00:43:03.7 | 13.3 | ok |
| 26. | 271 | DE FRANCO Sacha | M (26.) | SEM (20.) | BESSEGES | 00:43:23.0 | 13.2 | ok |
| 27. | 469 | FAUQUENOY Kenny | M (27.) | SEM (21.) | NIM | 00:43:27.9 | 13.2 | ok |
| 28. | 523 | GELLY Eric | M (28.) | M2M (1.) | SHF | 00:43:35.4 | 13.2 | Hors categorie |
| 29. | 299 | HILLE Sylvain | M (29.) | M1M (7.) | BSC | 00:43:41.5 | 13.1 | ok |
| 30. | 273 | GOUNON Cédric | M (30.) | SEM (22.) | BESSEGES | 00:43:50.8 | 13.1 | ok |
| 31. | 268 | HERMITTANT Baptiste | M (31.) | SEM (23.) | BESSEGES | 00:43:51.0 | 13.1 | ok |
| 32. | 508 | BASCLE Damien | M (32.) | M1M (8.) | ROQ | 00:43:58.2 | 13.0 | ok |
| 33. | 1146 | MARTIN Romain | M (33.) | SEM (24.) | VAU | 00:44:02.6 | 13.0 | ok |
| 34. | 296 | KAMEL Mehdi | M (34.) | M1M (9.) | BSC | 00:44:38.3 | 12.9 | ok |
| 35. | 489 | TIOUK BOSCHI Fabien | M (35.) | SEM (25.) | NSC | 00:44:47.6 | 12.8 | ok |
| 36. | 1171 | BELLO Valentin | M (36.) | SEM (26.) | VIG | 00:44:51.3 | 12.8 | ok |
| 37. | 304 | EL MAKHROUT Oussama | M (37.) | SEM (27.) | BSC | 00:45:16.0 | 12.7 | ok |
| 38. | 300 | LORENTE Nicolas | M (38.) | SEM (28.) | BSC | 00:45:21.6 | 12.6 | ok |
| 39. | 487 | GAGNEPAIN Maxime | M (39.) | SEM (29.) | NSC | 00:45:26.5 | 12.6 | ok |
| 40. | 473 | BELDICOT Christophe | M (40.) | SEM (30.) | NIM | 00:45:33.7 | 12.6 | ok |
| 41. | 1141 | ROUVIERE Samuel | M (41.) | SEM (31.) | UZS | 00:45:33.7 | 12.6 | ok |
| 42. | 1138 | DI PRIMA Loris | M (42.) | SEM (32.) | UZS | 00:45:34.8 | 12.6 | ok |
| 43. | 550 | BAYERL Theo | M (43.) | SEM (33.) | UZS | 00:45:38.8 | 12.6 | ok |
| 44. | 339 | VUITTENEZ Orphée | M (44.) | SEM (34.) | GEN | 00:45:38.9 | 12.6 | ok |
| 45. | 434 | PONGE Frédéric | M (45.) | M1M (10.) | MAR | 00:46:11.0 | 12.4 | ok |
| 46. | 1165 | FABRE Julien | M (46.) | SEM (35.) | VER | 00:46:22.8 | 12.4 | ok |
| 47. | 1172 | AMARINE Morgan | M (47.) | SEM (36.) | VIG | 00:46:30.9 | 12.3 | ok |
| 48. | 480 | STIEVENART Hugo | M (48.) | SEM (37.) | BAU | 00:46:32.0 | 12.3 | ok |
| 49. | 520 | MEYRUEIS William | M (49.) | SEM (38.) | BAU | 00:46:46.6 | 12.3 | ok |
| 50. | 219 | LOUCHE Cédric | M (50.) | M1M (11.) | ALS | 00:46:49.2 | 12.3 | ok |
| 51. | 1178 | PITHON Dorian | M (51.) | SEM (39.) | VLA | 00:46:50.8 | 12.2 | ok |
| 52. | 525 | BENOIT Maxime | M (52.) | SEM (40.) | SHF | 00:46:53.0 | 12.2 | ok |

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| 53. | 206 | PIALOT Thomas | M (53.) | SEM (41.) | AIG | 00:46:54.4 | 12.2 | ok |
| 54. | 467 | CARPENTIER Franck | M (54.) | SEM (42.) | NIM | 00:47:13.4 | 12.1 | ok |
| 55. | 1163 | REPP Sebastien | M (55.) | SEM (43.) | VER | 00:47:13.7 | 12.1 | ok |
| 56. | 543 | DUBOURG Yoann | M (56.) | SEM (44.) | TDC | 00:47:16.6 | 12.1 | ok |
| 57. | 290 | SANCY Julien | M (57.) | M1M (12.) | BSC | 00:47:18.0 | 12.1 | ok |
| 58. | 293 | TENDERO Lyonel | M (58.) | M1M (13.) | BSC | 00:47:42.4 | 12.0 | ok |
| 59. | 294 | ROCARPIN Nicolas | M (59.) | M1M (14.) | BSC | 00:48:06.0 | 11.9 | ok |
| 60. | 308 | BAGGIERI Axel | M (60.) | SEM (45.) | BSC | 00:48:06.3 | 11.9 | ok |
| 61. | 310 | FOURNIER Jason | M (61.) | SEM (46.) | BSC | 00:48:06.4 | 11.9 | ok |
| 62. | 216 | EVESQUE Loïc | M (62.) | M1M (15.) | ALS | 00:48:06.9 | 11.9 | ok |
| 63. | 1154 | MENYE Frédéric | M (63.) | SEM (47.) | VAU | 00:48:07.6 | 11.9 | ok |
| 64. | 440 | LOPEZ Dylan | M (64.) | SEM (48.) | MAR | 00:48:11.1 | 11.9 | ok |
| 65. | 205 | CANILHAC Guillaume | M (65.) | M1M (16.) | AIG | 00:48:11.9 | 11.9 | ok |
| 66. | 437 | DEJEAN Vincent | M (66.) | SEM (49.) | MAR | 00:48:21.4 | 11.9 | ok |
| 67. | 446 | BADIOU Nicolas | M (67.) | SEM (50.) | MAR | 00:48:38.0 | 11.8 | ok |
| 68. | 470 | DESTREBECQ Adrien | M (68.) | SEM (51.) | NIM | 00:48:47.9 | 11.8 | ok |
| 69. | 435 | GOURDET William | M (69.) | SEM (52.) | MAR | 00:48:48.0 | 11.8 | ok |
| 70. | 529 | LEHAOU Yohan | M (70.) | M1M (17.) | BAU | 00:49:07.8 | 11.7 | ok |
| 71. | 549 | MEYNIER Olivier | M (71.) | M1M (18.) | UZS | 00:49:13.0 | 11.7 | ok |
| 72. | 225 | PERTUS Steeven | M (72.) | SEM (53.) | ALS | 00:49:19.8 | 11.6 | ok |
| 73. | 542 | TERTERAIS Mickaël | M (73.) | M1M (19.) | TDC | 00:49:29.3 | 11.6 | ok |
| 74. | 226 | PRADIER Alexis | M (74.) | SEM (54.) | ALS | 00:49:33.2 | 11.6 | ok |
| 75. | 524 | LAMM Damien | M (75.) | SEM (55.) | SHF | 00:49:49.3 | 11.5 | ok |
| 76. | 1149 | GAUTHIER Melvin | M (76.) | SEM (56.) | VAU | 00:50:01.8 | 11.5 | ok |
| 77. | 444 | BOYER Thomas | M (77.) | SEM (57.) | MAR | 00:50:06.5 | 11.4 | ok |
| 78. | 431 | AURILLON Florian | M (78.) | M1M (20.) | MAR | 00:50:08.1 | 11.4 | ok |
| 79. | 420 | NEGRE Hugo | M (79.) | SEM (58.) | LED | 00:50:17.9 | 11.4 | ok |
| 80. | 422 | LESIEUR Clément | M (80.) | SEM (59.) | LED | 00:50:17.9 | 11.4 | ok |
| 81. | 472 | VAS Mathieu | M (81.) | SEM (60.) | NIM | 00:50:34.4 | 11.3 | ok |
| 82. | 1177 | MOUCHE Stéphane | M (82.) | M2M (2.) | VLA | 00:50:37.5 | 11.3 | Hors categorie |
| 83. | 292 | AIDOU Djamel | M (83.) | M1M (21.) | BSC | 00:51:29.9 | 11.1 | ok |
| 84. | 303 | BURIANI Pierre | M (84.) | SEM (61.) | BSC | 00:51:29.9 | 11.1 | ok |
| 85. | 302 | NEBOIT Damien | M (85.) | SEM (62.) | BSC | 00:51:30.2 | 11.1 | ok |
| 86. | 526 | BAKLOUL Jaluad | M (86.) | SEM (63.) | BAU | 00:51:54.0 | 11.0 | ok |
| 87. | 217 | LANES Maxime | M (87.) | SEM (64.) | ALS | 00:51:55.0 | 11.0 | ok |
| 88. | 471 | BENDJELIDJEL Mohamed | M (88.) | SEM (65.) | NIM | 00:52:26.9 | 10.9 | ok |
| 89. | 445 | PICARD Alexandre | M (89.) | SEM (66.) | MAR | 00:52:36.9 | 10.9 | ok |
| 90. | 247 | PONGE Grégory | M (90.) | M1M (22.) | AMB | 00:52:38.6 | 10.9 | ok |
| 91. | 1148 | GIBERT Hugo | M (91.) | SEM (67.) | VAU | 00:52:45.8 | 10.9 | ok |
| 92. | 272 | LAUNOY Raphaël | M (92.) | SEM (68.) | BESSEGES | 00:52:50.1 | 10.9 | ok |
| 93. | 488 | SANCHEZ Adrien | M (93.) | SEM (69.) | NSC | 00:53:00.3 | 10.8 | ok |
| 94. | 309 | RAMIREZ Julien | M (94.) | SEM (70.) | BSC | 00:53:08.8 | 10.8 | ok |
| 95. | 522 | BARRAL Xavier | M (95.) | M1M (23.) | SHF | 00:53:18.3 | 10.8 | ok |
| 96. | 481 | BENOIT Luc | M (96.) | M1M (24.) | NSC | 00:53:57.6 | 10.6 | ok |
| 97. | 1167 | GUILLO Ewen | M (97.) | SEM (71.) | VER | 00:54:14.5 | 10.6 | ok |
| 98. | 312 | GOUBLAIRE Corentin | M (98.) | SEM (72.) | BSC | 00:54:26.7 | 10.5 | ok |
| 99. | 291 | THEMISTA Joël | M (99.) | M1M (25.) | BSC | 00:54:36.4 | 10.5 | ok |
| 100. | 229 | PONSON Julien | M (100.) | SEM (73.) | BAU | 00:54:48.3 | 10.5 | ok |
| 101. | 452 | NIVERT Florian | M (101.) | SEM (74.) | MLC | 00:54:49.2 | 10.5 | ok |
| 102. | 545 | BORIE Dimitri | M (102.) | SEM (75.) | TDC | 00:54:55.2 | 10.4 | ok |
| 103. | 313 | MARTINEZ Olivier | M (103.) | M2M (3.) | CODIS30 | 00:55:11.6 | 10.4 | Hors categorie |
| 104. | 438 | BONVARLET Gunther | M (104.) | SEM (76.) | MAR | 00:55:17.2 | 10.4 | ok |
| 105. | 221 | DELAUZON Maxence | M (105.) | SEM (77.) | ALS | 00:55:45.7 | 10.3 | ok |
| 106. | 307 | DE LORENZI Noah | M (106.) | SEM (78.) | BSC | 00:55:47.7 | 10.3 | ok |

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| 107. | 231 | NOHARET Tristan | M (107.) | SEM (79.) | ALS | 00:56:13.8 | 10.2 | ok |
| 108. | 1168 | TOLA Dorian | M (108.) | SEM (80.) | VER | 00:56:31.6 | 10.1 | ok |
| 109. | 1175 | DECOR Sébastien | M (109.) | M1M (26.) | VLA | 00:56:37.1 | 10.1 | ok |
| 110. | 1166 | CHABOURLIN Maxence | M (110.) | SEM (81.) | BAU | 00:56:37.3 | 10.1 | ok |
| 111. | 204 | BERTO Stéphan | M (111.) | M1M (27.) | AIG | 00:56:49.8 | 10.1 | ok |
| 112. | 297 | GIRARDET Sébastien | M (112.) | M1M (28.) | BSC | 00:56:58.0 | 10.1 | ok |
| 113. | 421 | PERRIER Gaetan | M (113.) | SEM (82.) | LED | 00:57:00.9 | 10.1 | ok |
| 114. | 232 | BOURGEOIS Jimmy | M (114.) | M1M (29.) | BAU | 00:57:23.6 | 10.0 | ok |
| 115. | 227 | AIRAL Bastien | M (115.) | SEM (83.) | ALS | 00:57:37.1 | 9.9 | ok |
| 116. | 233 | CARBONI Bastien | M (116.) | SEM (84.) | ALS | 00:57:49.4 | 9.9 | ok |
| 117. | 251 | BENHADDOU Aimran | M (117.) | SEM (85.) | AMB | 00:57:49.5 | 9.9 | ok |
| 118. | 426 | CARRA Evens | M (118.) | SEM (86.) | LGC | 00:58:19.1 | 9.8 | ok |
| 119. | 425 | AUDRAS Ruben | M (119.) | SEM (87.) | LGC | 00:58:23.9 | 9.8 | ok |
| 120. | 338 | TILLAULT Camille | M (120.) | SEM (88.) | GEN | 00:58:56.5 | 9.7 | ok |
| 121. | 534 | MANTION Lucie | F (1.) | SEF (1.) | SSSM | 00:59:09.0 | 9.7 | Hors categorie |
| 122. | 269 | HERMITTANT Clément | M (121.) | SEM (89.) | BESSEGES | 00:59:13.7 | 9.7 | ok |
| 123. | 274 | JOURDAN Guilhem | M (122.) | SEM (90.) | BESSEGES | 00:59:15.5 | 9.7 | ok |
| 124. | 536 | MEJEAN Jérôme | M (123.) | M2M (4.) | SSSM-PHARMACIE | 00:59:27.0 | 9.6 | ok |
| 125. | 325 | MIMOUNI Hamoudi | M (124.) | SEM (91.) | FI SPP | 01:00:35.1 | 9.5 | ok |
| 126. | 329 | VIDAL Pierre | M (125.) | SEM (92.) | FI SPP | 01:00:35.3 | 9.5 | ok |
| 127. | 316 | FORESTIER Adeline | F (2.) | SEF (2.) | FI SPP | 01:00:35.3 | 9.5 | Hors categorie |
| 128. | 317 | MOURET Mélanie | F (3.) | SEF (3.) | FI SPP | 01:00:35.7 | 9.5 | Hors categorie |
| 129. | 318 | BERTRAND Sony | M (126.) | SEM (93.) | FI SPP | 01:00:36.0 | 9.5 | ok |
| 130. | 321 | MOLIERE Théo | M (127.) | SEM (94.) | FI SPP | 01:00:36.2 | 9.5 | ok |
| 131. | 319 | ENGSTER Jean | M (128.) | SEM (95.) | FI SPP | 01:00:36.3 | 9.5 | ok |
| 132. | 324 | MILLIET-COLOMBET Alexis | M (129.) | SEM (96.) | FI SPP | 01:00:36.7 | 9.5 | ok |
| 133. | 322 | GUENNEC Bastien | M (130.) | SEM (97.) | FI SPP | 01:00:36.8 | 9.5 | ok |
| 134. | 315 | CAPEAU Aurélie | F (4.) | SEF (4.) | FI SPP | 01:00:37.1 | 9.5 | Hors categorie |
| 135. | 320 | GERBON Julien | M (131.) | SEM (98.) | FI SPP | 01:00:37.2 | 9.5 | ok |
| 136. | 328 | SZYMANSKI Cyril | M (132.) | SEM (99.) | FI SPP | 01:00:37.2 | 9.5 | ok |
| 137. | 323 | MARGALIDA Louis | M (133.) | SEM (100.) | FI SPP | 01:00:37.6 | 9.5 | ok |
| 138. | 326 | PETIT Aymeric | M (134.) | SEM (101.) | FI SPP | 01:00:37.8 | 9.5 | ok |
| 139. | 1137 | ROBELIN Loïc | M (135.) | SEM (102.) | UZS | 01:00:39.3 | 9.4 | ok |
| 140. | 450 | TITZ Olivier | M (136.) | M1M (30.) | MLC | 01:00:39.7 | 9.4 | ok |
| 141. | 460 | PERRIER Yannick | M (137.) | M1M (31.) | BAU | 01:00:39.9 | 9.4 | ok |
| 142. | 485 | VESSE Cyril | M (138.) | SEM (103.) | NSC | 01:00:41.7 | 9.4 | ok |
| 143. | 483 | CERRET Bastien | M (139.) | SEM (104.) | NSC | 01:00:45.1 | 9.4 | ok |
| 144. | 214 | CAPELLE Florian | M (140.) | M1M (32.) | ALS | 01:01:07.7 | 9.4 | ok |
| 145. | 207 | ECHALLIER Thomas | M (141.) | SEM (105.) | ALS | 01:01:08.1 | 9.4 | ok |
| 146. | 223 | GIRARDET Yodric | M (142.) | SEM (106.) | ALS | 01:01:08.1 | 9.4 | ok |
| 147. | 486 | BOUILLEZ Xavier | M (143.) | SEM (107.) | NSC | 01:02:03.0 | 9.2 | ok |
| 148. | 509 | INGUANEZ Nicolas | M (144.) | M1M (33.) | ROQ | 01:02:28.2 | 9.2 | ok |
| 149. | 336 | SALVATI Jean-Christophe | M (145.) | M1M (34.) | GEN | 01:02:29.5 | 9.2 | ok |
| 150. | 491 | BALLAGER Morgan | M (146.) | SEM (108.) | NSC | 01:03:03.0 | 9.1 | ok |
| 151. | 451 | COSTANTINO Hugo | M (147.) | SEM (109.) | MLC | 01:03:15.3 | 9.1 | ok |
| 152. | 447 | CARTIERE Cédric | M (148.) | SEM (110.) | MAR | 01:04:07.7 | 8.9 | ok |
| 153. | 1157 | MESNEL Lucas | M (149.) | SEM (111.) | BAU | 01:06:00.7 | 8.7 | ok |
| 154. | 234 | VEDECHE Benoit | M (150.) | SEM (112.) | ALS | 01:06:02.7 | 8.7 | ok |
| 155. | 298 | BOSSANNE David | M (151.) | M1M (35.) | BSC | 01:07:06.7 | 8.5 | ok |
| 156. | 356 | KHALESSE Abderrafia | M (152.) | SEM (113.) | GIL | 01:08:36.0 | 8.3 | ok |
| 157. | 343 | WAWRZACZ Enzo | M (153.) | SEM (114.) | GIL | 01:08:36.7 | 8.3 | ok |
| 158. | 348 | DELASSUS Ugo | M (154.) | SEM (115.) | GIL | 01:08:37.4 | 8.3 | ok |
| 159. | 342 | ESCARIO Sylvain | M (155.) | SEM (116.) | GIL | 01:08:37.6 | 8.3 | ok |
| 160. | 345 | BOMMART Vincent | M (156.) | SEM (117.) | GIL | 01:08:37.7 | 8.3 | ok |

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| 161. | 344 | AURILLON Axel | M (157.) | SEM (118.) | GIL | 01:08:38.5 | 8.3 | ok |
| 162. | 341 | SCIOT Yann | M (158.) | SEM (119.) | GIL | 01:08:38.7 | 8.3 | ok |
| 163. | 351 | PEYRE Loïc | M (159.) | SEM (120.) | GIL | 01:09:49.3 | 8.2 | ok |
| 164. | 218 | KAZMIERCZAK Robert | M (160.) | M1M (36.) | ALS | 01:12:17.1 | 7.9 | ok |
| 165. | 306 | MASMEJEAN Guillaume | M (161.) | SEM (121.) | BSC | 01:12:43.7 | 7.9 | ok |
| 166. | 314 | BERNARDON Eric | M (162.) | M1M (37.) | FI SPP | 01:12:57.1 | 7.8 | ok |
| 167. | 510 | RADU Stéphane | M (163.) | SEM (122.) | ROQ | 01:13:04.0 | 7.8 | ok |