

Rang	N°	Nom Prénom	Sexe	Cat.	Licence	Club	Officiel	Moyen
<b>Cross POF</b>								
1.	528	EL JAZOULI Ilyana	F (1.)	POF (1.)	2187280	UNION SUD ATHLETISME 30*	00:05:54.5	15.2
2.	188	ARNAUD Louise	F (2.)	POF (2.)	2285113	ASSP VERGEZE	00:05:55.7	15.1
3.	271	AUSSET Zélie	F (3.)	POF (3.)	1985450	ATHLETISME ET COURSE NATURE AN	00:05:57.1	15.1
4.	683	MIGOULE Elina	F (4.)	POF (4.)	2293487	PELICAN ATHLETISME	00:06:07.6	14.6
5.	522	JOVANYK Valerie	F (5.)	POF (5.)	2519304	UNION SUD ATHLETISME 30*	00:06:14.4	14.4
6.	649	VELAY Silea	F (6.)	POF (6.)	2408611	UNION SUD ATHLETISME 30*	00:06:25.6	14.0
7.	634	LAPORTE Inaya	F (7.)	POF (7.)	1998287	UNION SUD ATHLETISME 30*	00:06:30.2	13.8
8.	621	BAZER-BACHI Sarah	F (8.)	POF (8.)	2100914	UNION SUD ATHLETISME 30*	00:06:31.2	13.8
9.	622	CLAISSE Lison	F (9.)	POF (9.)	2164859	UNION SUD ATHLETISME 30*	00:06:33.7	13.7
10.	186	LECLERCQ Juliette	F (10.)	POF (10.)	2395655	ASSP VERGEZE	00:06:34.2	13.6
11.	189	TOUMASS Sanae	F (11.)	POF (11.)	2285106	ASSP VERGEZE	00:06:35.1	13.6
12.	184	LE GUILLOU Suzanne	F (12.)	POF (12.)	2494832	ASSP VERGEZE	00:06:37.5	13.5
13.	324	SAEILLES Julie	F (13.)	POF (13.)	2499122	BAGNOLS MARCOULE ATHLETISME*	00:06:42.0	13.4
14.	687	THIEN LOCK SEN Elena	F (14.)	POF (14.)	2143077	ASSP VERGEZE	00:06:43.2	13.3
15.	270	PAVADEPOULLE Ayana	F (15.)	POF (15.)	2495068	ATHLETISME ET COURSE NATURE AN	00:06:50.7	13.1
16.	433	ELLAPIN LE BAYEC Helene	F (16.)	POF (16.)	2101194	GARONS ASSOCIATION D'ATHLETISM	00:06:51.5	13.1
17.	631	DUMAS Mayleen	F (17.)	POF (17.)	2200929	UNION SUD ATHLETISME 30*	00:06:53.2	13.0
18.	524	GANDIA Alicia	F (18.)	POF (18.)	2462760	UNION SUD ATHLETISME 30*	00:06:53.3	13.0
19.	277	SAUZET Laly	F (19.)	POF (19.)	2301451	ATHLETISME ET COURSE NATURE AN	00:06:53.4	13.0
20.	328	RIEU VERDIER Clemence	F (20.)	POF (20.)	2301619	BAGNOLS MARCOULE ATHLETISME*	00:06:55.2	13.0
21.	117	GRANIER-NOUGUIER Lucie	F (21.)	POF (21.)	2453400	ALES CEVENNES ATHLETISME	00:07:04.8	12.7
22.	191	RUEDAS Kessie	F (22.)	POF (22.)	2494814	ASSP VERGEZE	00:07:08.0	12.6
23.	190	MENSUELLE Alba	F (23.)	POF (23.)	2256926	ASSP VERGEZE	00:07:09.1	12.5
24.	118	ROUBA Ines	F (24.)	POF (24.)	2453443	ALES CEVENNES ATHLETISME	00:07:10.1	12.5
25.	627	PERDIGAO Margaux	F (25.)	POF (25.)	2279887	UNION SUD ATHLETISME 30*	00:07:11.1	12.5
26.	187	BARRANDON Mila	F (26.)	POF (26.)	2494982	ASSP VERGEZE	00:07:12.6	12.4
27.	623	PEUZIAT Saloma	F (27.)	POF (27.)	2404640	UNION SUD ATHLETISME 30*	00:07:12.9	12.4
28.	633	PEREZ Leonie	F (28.)	POF (28.)	2396389	UNION SUD ATHLETISME 30*	00:07:13.0	12.4
29.	626	RICOU Manon	F (29.)	POF (29.)	2218259	UNION SUD ATHLETISME 30*	00:07:13.5	12.4
30.	685	FAURE Elena	F (30.)	POF (30.)	2494803	ASSP VERGEZE	00:07:15.2	12.4
31.	323	MARTIN Lea	F (31.)	POF (31.)	2301631	BAGNOLS MARCOULE ATHLETISME*	00:07:15.8	12.3
32.	427	HERMENEGILDE Marion	F (32.)	POF (32.)	2291975	GARONS ASSOCIATION D'ATHLETISM	00:07:16.4	12.3
33.	322	MAGNIN Victoria	F (33.)	POF (33.)	2111961	BAGNOLS MARCOULE ATHLETISME*	00:07:16.8	12.3
34.	529	DUYCK Enora	F (34.)	POF (34.)	2461674	UNION SUD ATHLETISME 30*	00:07:24.3	12.1
35.	630	BLONDIN Leontine	F (35.)	POF (35.)	2219640	UNION SUD ATHLETISME 30*	00:07:25.3	12.1
36.	330	HONNO DUBUISSON Leana	F (36.)	POF (36.)	2515449	BAGNOLS MARCOULE ATHLETISME*	00:07:26.6	12.0
37.	625	EL MEZZOUZE Alia	F (37.)	POF (37.)	2384934	UNION SUD ATHLETISME 30*	00:07:28.1	12.0
38.	525	GENNISSON Anais	F (38.)	POF (38.)	2198204	UNION SUD ATHLETISME 30*	00:07:30.3	11.9
39.	431	HYMONNET Lena	F (39.)	POF (39.)	2332635	GARONS ASSOCIATION D'ATHLETISM	00:07:31.8	11.9
40.	624	ALZONNE Laura	F (40.)	POF (41.)	2342590	UNION SUD ATHLETISME 30*	00:07:33.3	11.9
41.	526	ALLEC Maelys	F (41.)	POF (40.)	2461655	UNION SUD ATHLETISME 30*	00:07:33.3	11.9
42.	214	ABDALLAH Liliana	F (42.)	POF (42.)	2325291	ATHLE NIMES 30	00:07:34.0	11.8
43.	273	VICENTE Inaya	F (43.)	POF (43.)	2508196	ATHLETISME ET COURSE NATURE AN	00:07:38.6	11.7
44.	279	PELEMAN Elea	F (44.)	POF (44.)	2332027	ATHLETISME ET COURSE NATURE AN	00:07:38.8	11.7
45.	686	CARDABU BEUF Flara	F (45.)	POF (45.)	2477101	ENTENTE NIMES ATHLETISME	00:07:40.3	11.7
46.	213	AZEMARD Jeanne	F (46.)	POF (46.)	2200651	ATHLE NIMES 30	00:07:41.3	11.7
47.	272	BALAGUER Clarisse	F (47.)		2463398	ATHLETISME ET COURSE NATURE AN	00:07:49.3	11.5
48.	183	POUZERGUE Margot	F (48.)	POF (47.)	2391807	ASSP VERGEZE	00:07:51.1	11.4
49.	632	ARNAL Elena	F (49.)	POF (48.)	2130989	UNION SUD ATHLETISME 30*	00:07:52.3	11.4
50.	628	CERPEDES Amely	F (50.)	POF (49.)	2344751	UNION SUD ATHLETISME 30*	00:07:52.5	11.4
51.	181	RIBEYROL Alyssa	F (51.)	POF (50.)	2291768	ASSP VERGEZE	00:07:55.4	11.3
52.	432	LANQUETIN Nina	F (52.)	POF (51.)	2197267	GARONS ASSOCIATION D'ATHLETISM	00:07:57.1	11.3
53.	185	GIRARDIN Sarah	F (53.)	POF (52.)	2295667	ASSP VERGEZE	00:08:00.0	11.2
54.	520	GALLIGANI Malena	F (54.)	POF (53.)	2483654	UNION SUD ATHLETISME 30*	00:08:05.5	11.1
55.	182	GROLIER Cataleya	F (55.)	POF (54.)	2518955	ASSP VERGEZE	00:08:11.3	10.9

# Championnat du Gard de cross-country 2023

## Classement général Cross POF



Rang	N°	Nom Prénom	Sexe	Cat.	Licence	Club	Officiel	Moyen
56.	629	LELIAS Marianne	F (56.)	POF (55.)	2202558	UNION SUD ATHLETISME 30*	00:08:18.3	10.8
57.	116	TESSIER Zoe	F (57.)	POF (56.)	2390202	ALES CEVENNES ATHLETISME	00:08:25.9	10.6
58.	275	VILLARD RIPERT Maeliss	F (58.)	POF (57.)	2330600	ATHLETISME ET COURSE NATURE AN	00:08:30.8	10.5
59.	329	SENGOGA Victoire	F (59.)	POF (58.)	2519491	BAGNOLS MARCOULE ATHLETISME*	00:08:35.2	10.4
60.	430	AYARI Soujoud	F (60.)	POF (59.)	2418476	GARONS ASSOCIATION D'ATHLETISM	00:08:35.7	10.4
61.	527	FOUQUES Anael	F (61.)	POF (60.)	2486292	UNION SUD ATHLETISME 30*	00:08:37.6	10.4
62.	211	EL BOUYAOUI Anissa	F (62.)	POF (61.)	2460709	ATHLE NIMES 30	00:08:40.4	10.3
63.	682	BAYAR Sarah	F (63.)	POF (62.)	2220483		00:08:41.1	10.3
64.	326	AIDOUUD Ambrine	F (64.)	POF (63.)	2402637	BAGNOLS MARCOULE ATHLETISME*	00:08:53.6	10.1
65.	327	AIDOUUD Maessane	F (65.)	POF (64.)	2402633	BAGNOLS MARCOULE ATHLETISME*	00:08:53.8	10.1
66.	325	DESCHAMPS Eloane	F (66.)	POF (65.)	2301586	BAGNOLS MARCOULE ATHLETISME*	00:09:27.5	9.5
67.	278	SCARLATTI OULD Alia	F (67.)	POF (66.)	2521658	ATHLETISME ET COURSE NATURE AN	00:09:30.9	9.4
68.	681	EL OUADAHIOI Lina	F (68.)	POF (67.)	2495424	UNION SUD ATHLETISME 30*	00:09:31.4	9.4
69.	521	JOANDEL Lena	F (69.)	POF (68.)	2476893	UNION SUD ATHLETISME 30*	00:09:31.9	9.4
70.	429	BZYEZ Amira	F (70.)	POF (69.)	2478725	GARONS ASSOCIATION D'ATHLETISM	00:09:32.4	9.4
71.	276	GRAVIL Emelyne	F (71.)	POF (70.)	2245824	ATHLETISME ET COURSE NATURE AN	00:09:41.8	9.2
72.	692	LELLOU Aliya	F (72.)	POF (71.)	2396232	ENTENTE NIMES ATHLETISME	00:10:17.5	8.7