

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
10 km									
1	593	GUILCHER David	M (1.)	M1 (1.)	ASM	00:11:07.4	00:22:00.7	00:33:07.0	18.1
2	418	FADI Vincent	M (2.)	SE (1.)	ASPTT CLERMONT ATHLETISME	00:11:06.1	00:22:03.2	00:33:12.8	18.0
3	304	GERBE Florian	M (3.)	SE (2.)	AC2A	00:11:06.5	00:22:18.3	00:33:38.7	17.8
4	413	JAILLARD Arnaud	M (4.)	SE (3.)		00:11:31.9	00:22:47.7	00:34:05.5	17.5
5	318	TALON Adrien	M (5.)	JU (1.)	ATHLETISME CLUB COURNON	00:11:16.5	00:22:43.5	00:34:10.4	17.5
6	589	ZAHER Karim	M (6.)	SE (4.)		00:11:26.2	00:22:41.9	00:34:12.3	17.5
7	243	BOURSEAU Yannick	M (7.)	M2 (1.)	TRIATHLON ACADEMIE	00:11:32.5	00:22:55.3	00:34:30.0	17.3
8	535	ARTAUD Pierre-Yves	M (8.)	SE (5.)	TEAM RUN FOREZ	00:11:39.8	00:23:15.4	00:34:45.2	17.2
9	316	GAY Stephane	M (9.)	M0 (1.)		00:11:32.6	00:23:13.3	00:34:54.1	17.1
10	313	ZANOLETTI Michaël	M (10.)	M0 (2.)	ASM ATHLÉTISME	00:12:01.3	00:23:33.0	00:34:57.9	17.1
11	310	LYOTARD Nicolas	M (11.)	M0 (3.)		00:12:00.2	00:23:37.5	00:35:17.6	17.0
12	334	CHANSÉAUME Julien	M (12.)	M1 (2.)		00:12:09.9	00:23:54.0	00:35:39.2	16.8
13	317	HAUTIER David	M (13.)	M0 (4.)	TEAM RUN FOREZ	00:12:02.3	00:23:51.0	00:35:48.4	16.7
14	438	GONTHIER David	M (14.)	SE (6.)	CLERMONT RUNNING COMPANY	00:12:00.9	00:23:50.1	00:35:54.4	16.7
15	443	GUÉRARD Paul	M (15.)	SE (7.)	TEAM OUZBEK	00:12:07.1	00:24:01.7	00:35:57.1	16.6
16	4	DAUBAT Mickael	M (16.)	SE (8.)		00:12:08.9	00:24:02.3	00:35:59.3	16.6
17	444	LATCHIMY Thierry	M (17.)	M2 (2.)	AS ROMAGNAT ATHLETISME	00:11:59.9	00:24:00.4	00:36:05.0	16.6
18	167	BOCCON Alexandre	M (18.)	SE (9.)	BEAUMONT ATHLETIC CLUB	00:12:13.5	00:24:05.9	00:36:05.7	16.6
19	353	DEMARS Olivier	M (19.)	SE (10.)	AS ROMAGNAT ATHLETISME	00:12:05.6	00:24:03.1	00:36:15.6	16.5
20	599	LORBLANCHET Thomas	M (20.)	M1 (3.)	CRC	00:12:01.8	00:24:05.3	00:36:23.9	16.4
21	113	SABLAYROLLES	M (21.)	M2 (3.)	CLERMONT ATHLETISME	00:12:17.2	00:24:12.0	00:36:25.9	16.4
22	388	BESSEYRE Rémi	M (22.)	M0 (5.)	BAC 63	00:12:12.6	00:24:15.3	00:36:29.7	16.4
23	193	BEURRIER Pascal	M (23.)	M3 (1.)	RC VICHY	00:12:17.7	00:24:19.4	00:36:31.4	16.4
24	495	MICHEL-BERGER Simon	M (24.)	JU (2.)	RANDO TRAIL MAURIAC	00:12:14.0	00:24:20.0	00:36:37.4	16.3
25	594	DUBOST David	M (25.)	M0 (6.)	CASTRUCKS WTF	00:12:02.5	00:24:18.7	00:36:45.7	16.3
26	514	CHANTELAUZE	M (26.)	M2 (4.)	TEAM RUN FOREZ	00:12:04.4	00:24:18.6	00:36:49.4	16.2
27	588	DESPRES Sylvain	M (27.)	M2 (5.)		00:12:03.3	00:24:21.0	00:36:57.4	16.2
28	494	MERLE Morgan	M (28.)	SE (11.)		00:12:03.9	00:24:22.7	00:37:08.1	16.1
29	90	GOURBIERE Arthur	M (29.)	SE (12.)	AMICALE LAÏQUE AUBIÈRE	00:12:29.4	00:24:48.7	00:37:14.0	16.1
30	408	LEGAL Clément	M (30.)	SE (13.)	AS MONTFERRAND	00:12:32.5	00:24:51.7	00:37:16.5	16.0
31	597	PERA Guillaume	M (31.)	SE (14.)		00:12:35.1	00:24:57.3	00:37:29.4	16.0
32	257	COLIN Sébastien	M (32.)	M0 (7.)	VELAY ATHLÉTISME	00:12:35.1	00:24:54.7	00:37:36.1	15.9
33	213	CHEVRIEUX Antoine	M (33.)	SE (15.)	TEAM FF	00:12:58.8	00:25:19.6	00:37:41.9	15.9
34	284	CHARTOIRE Julien	M (34.)	M1 (4.)	COURIR EN LIRADOIS FOREZ	00:12:40.9	00:25:12.0	00:37:47.0	15.8
35	448	MORILHAT Tom	M (35.)	JU (3.)	SA THIERS	00:12:16.7	00:25:08.6	00:37:50.8	15.8
36	144	DELON Antoine	M (36.)	M0 (8.)	PUISSANCE 3 COURNON	00:12:39.7	00:25:12.3	00:37:51.8	15.8
37	303	VIGNON Guillaume	M (37.)	SE (16.)		00:12:20.0	00:24:53.0	00:37:51.9	15.8
38	473	LANFUMEY Raphaël	M (38.)	M0 (9.)	AS ROMAGNAT ATHLETISME	00:12:34.1	00:25:13.5	00:37:53.3	15.8
39	501	FOURIS Philippe	M (39.)	M4 (1.)	AS ROMAGNAT ATHLETISME	00:12:50.1	00:25:25.3	00:37:53.8	15.8
40	278	ROUILLARD Nicolas	M (40.)	M1 (5.)	COURIR EN LIRADOIS FOREZ	00:12:45.1	00:25:19.7	00:37:56.2	15.8
41	441	CHASSIN Vincent	M (41.)	M0 (10.)	CENTRE JEAN PERRIN	00:12:44.1	00:25:18.9	00:38:00.1	15.7
42	315	THEUIL Nadia	F (1.)	M0 (1.)	ASPTT CLERMONT ATHLETISME	00:12:36.1	00:25:15.1	00:38:02.9	15.7
43	382	PARENT Cédric	M (42.)	M2 (6.)	TATA LULU	00:12:47.4	00:25:25.4	00:38:09.8	15.7
44	506	BONNABAUD Damien	M (43.)	SE (17.)		00:12:19.7	00:25:01.3	00:38:10.5	15.7
45	77	RUELLE Pierre	M (44.)	M3 (2.)	LES BOURRINS DU MIDI	00:12:51.0	00:25:26.9	00:38:11.7	15.7
46	488	BLANC Frédéric	M (45.)	M3 (3.)		00:12:49.2	00:25:26.4	00:38:12.8	15.7
47	323	GENEBRIER Vincent	M (46.)	SE (18.)		00:13:06.4	00:25:50.4	00:38:19.6	15.6
48	322	QUINTY Pierre-Adrien	M (47.)	M0 (11.)		00:12:30.4	00:25:16.0	00:38:22.7	15.6
49	608	FLORENTIN Hugo	M (48.)	SE (19.)		00:12:50.4	00:25:55.6	00:38:24.0	15.6
50	554	HEBRARD Jean Paul	M (49.)	M6 (1.)	AS ROMAGNAT ATHLETISME	00:13:05.9	00:25:50.1	00:38:24.6	15.6
51	592	GILAIN Sebastien	M (50.)	M1 (6.)		00:12:43.8	00:25:23.5	00:38:25.4	15.6
52	578	PLAQUIN Cecile	F (2.)	M0 (2.)		00:13:19.1	00:25:53.6	00:38:26.1	15.6
53	379	FOURNET Patrice	M (51.)	M2 (7.)	LES SANGLIERS EMERGENTS	00:13:07.8	00:25:51.6	00:38:27.6	15.6
54	348	DESMOND David	M (52.)	M2 (8.)	UCCV	00:12:32.5	00:25:14.6	00:38:31.3	15.5
55	390	GRETEAU Jérémy	M (53.)	M0 (12.)	RASSEMBLEMENT DES	00:12:28.9	00:25:15.8	00:38:31.6	15.5
56	512	VILLEM Edgar	M (54.)	ES (1.)	BDS SIGMA	00:12:52.6	00:25:27.6	00:38:32.7	15.5
57	449	BRISSARD Guillaume	M (55.)	SE (20.)	AS ROMAGNAT ATHLETISME	00:13:08.0	00:25:44.2	00:38:37.1	15.5
58	349	MINET Vincent	M (56.)	M0 (13.)		00:12:54.5	00:25:42.7	00:38:37.8	15.5
59	543	BAPT Fabien	M (57.)	M0 (14.)		00:12:48.5	00:25:40.9	00:38:38.4	15.5
60	12	PEIGNÉ Adrien	M (58.)	M0 (15.)		00:12:53.0	00:25:41.0	00:38:41.9	15.5
61	414	BOUILLON Patrice	M (59.)	M4 (2.)	RCV	00:13:06.3	00:25:50.1	00:38:49.6	15.4

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
62	419	RIBEYRE Cindy	F (3.)	SE (1.)	ASPTT CLERMONT ATHLETISME	00:12:53.2	00:25:43.3	00:38:50.1	15.4
63	466	DIF Romain	M (60.)	SE (21.)		00:13:16.5	00:26:08.4	00:39:00.1	15.3
64	212	MALLET Gaétan	M (61.)	SE (22.)	AS ROMAGNAT - LES	00:12:57.9	00:25:59.0	00:39:06.2	15.3
65	248	DEMONT Etienne	M (62.)	SE (23.)		00:12:37.0	00:25:41.0	00:39:09.6	15.3
66	534	DUGAY Pierre-Luc	M (63.)	M2 (9.)	TEAM RUN FOREZ	00:13:19.2	00:26:11.4	00:39:11.8	15.3
67	351	AVANTURIER François	M (64.)	M2 (10.)		00:12:49.2	00:25:56.9	00:39:15.1	15.2
68	273	CHASSAGNON Patrick	M (65.)	M3 (4.)	COURIR EN LIRADOIS FOREZ	00:13:21.2	00:26:13.2	00:39:15.7	15.2
69	527	HUBERT Robin	M (66.)	SE (24.)		00:12:47.7	00:25:40.3	00:39:17.5	15.2
70	244	ALBENQUE Jérémy	M (67.)	M0 (16.)	LIMAGNE ATHELES ENDURANCE	00:13:14.3	00:26:14.8	00:39:21.5	15.2
71	445	BESSONNEAU Clément	M (68.)	JU (4.)	TEAM OUZBEK	00:13:30.7	00:26:29.4	00:39:24.6	15.2
72	613	GIROND Alexandre	M (69.)	SE (25.)		00:12:47.8	00:25:55.7	00:39:27.2	15.2
73	141	BOUDON Mathieu	M (70.)	SE (26.)		00:13:29.9	00:26:35.9	00:39:27.4	15.2
74	440	DUMORTIER Xavier	M (71.)	M4 (3.)	LES BOURRINS DU MIDI	00:13:16.2	00:26:19.2	00:39:30.0	15.1
75	426	ALBRIET David	M (72.)	M0 (17.)		00:12:49.9	00:25:57.5	00:39:31.2	15.1
76	393	BARD Jérôme	M (73.)	M3 (5.)	TEAM TOBESPORT	00:13:16.2	00:26:21.0	00:39:33.5	15.1
77	65	DURANTON Alexis	M (74.)	SE (27.)		00:13:15.8	00:26:33.4	00:39:34.5	15.1
78	326	RIOU Gilles	M (75.)	M4 (4.)	CALR	00:13:18.1	00:26:19.8	00:39:37.7	15.1
79	108	GUILLOT Thierry	M (76.)	M1 (7.)	CACF RUNNING	00:13:26.1	00:26:27.5	00:39:40.5	15.1
80	268	BORDEL Francis	M (77.)	SE (28.)	COURIR EN LIRADOIS FOREZ	00:13:21.5	00:26:25.7	00:39:42.5	15.1
81	500	CHIROL Sébastien	M (78.)	M0 (18.)		00:13:39.4	00:26:42.1	00:39:43.1	15.1
82	509	SAINTOT Tanguy	M (79.)	ES (2.)	BDS SIGMA	00:13:16.3	00:26:17.2	00:39:43.9	15.1
83	567	MARQUES Thomas	M (80.)	SE (29.)		00:13:17.4	00:26:17.2	00:39:48.1	15.0
84	577	PUJO Julien	M (81.)	M1 (8.)		00:13:38.0	00:26:43.8	00:39:53.3	15.0
85	172	DEBRIENNE Alexis	M (82.)	SE (30.)	SA THIERS	00:13:15.5	00:26:20.8	00:39:54.1	15.0
86	454	PERRIER Didier	M (83.)	M4 (5.)	AS ROMAGNAT ATHLETISME	00:13:20.2	00:26:32.5	00:39:54.2	15.0
87	566	PAULHE Nils	M (84.)	SE (31.)		00:13:09.9	00:26:27.3	00:39:58.2	15.0
88	587	ROUSSEAU Stephane	M (85.)	M3 (6.)		00:13:08.0	00:26:34.7	00:40:02.2	14.9
89	320	BOISSONNET Frédéric	M (86.)	M3 (7.)	BEAUMONT ATHLETIC CLUB	00:13:18.6	00:26:36.4	00:40:07.3	14.9
90	220	COMMEAU Richard	M (87.)	M2 (11.)	BEAUMONT ATHLETIC CLUB	00:13:19.5	00:26:37.4	00:40:08.3	14.9
91	498	TOURRET Benjamin	M (88.)	SE (32.)	ASPTT CLERMONT ATHLETISME	00:13:21.6	00:26:55.5	00:40:12.1	14.9
92	175	DUPUY Emmanuel	M (89.)	M2 (12.)	SA THIERS	00:13:26.9	00:26:42.0	00:40:17.9	14.8
93	583	DUNAUD Jean-Michel	M (90.)	M4 (6.)		00:13:26.7	00:26:49.0	00:40:18.1	14.8
94	69	FAUCHER Cédric	M (91.)	M1 (9.)	CLUB ATHLÉTISME LOISIR RIOM	00:13:13.6	00:26:45.8	00:40:26.8	14.8
95	610	GUERINEAU Samuel	M (92.)	M2 (13.)		00:13:09.7	00:26:34.7	00:40:27.9	14.8
96	162	GAYT Jean-François	M (93.)	M0 (19.)		00:13:18.8	00:26:48.3	00:40:28.2	14.8
97	496	VIGNON Jeremy	M (94.)	SE (33.)		00:13:20.4	00:26:57.0	00:40:28.9	14.8
98	432	BOYER Jérôme	M (95.)	M1 (10.)		00:13:16.7	00:26:36.6	00:40:30.1	14.8
99	399	FAURE Cyril	M (96.)	M1 (11.)		00:13:19.3	00:26:52.9	00:40:31.5	14.8
100	216	RELLIER Judicaël	M (97.)	M1 (12.)	WED RUN RUNNING SHOP	00:13:22.8	00:26:53.9	00:40:32.6	14.7
101	453	ROCHE Gabin	M (98.)	JU (5.)	SA THIERS	00:13:24.6	00:26:45.6	00:40:34.2	14.7
102	237	PERARD Jean Michel	M (99.)	M0 (20.)	ASM CLERMONT ATHLÉTISME	00:13:24.1	00:26:51.2	00:40:37.7	14.7
103	211	SCHWINDLING Dimitri	M (100.)	SE (34.)	AS MONTFERRAND	00:13:31.9	00:27:04.4	00:40:38.9	14.7
104	224	FOURNIER Cédric	M (101.)	M1 (13.)	LES RUNNERS DU VSG	00:13:30.3	00:27:01.0	00:40:43.1	14.7
105	240	CHARPILLE Pascal	M (102.)	M5 (1.)		00:13:44.9	00:27:14.6	00:40:49.5	14.6
106	612	BARREIRO Paulo	M (103.)	M1 (14.)		00:13:24.9	00:27:12.5	00:40:53.1	14.6
107	476	ROUSSEL Mathieu	M (104.)	ES (3.)		00:13:16.0	00:27:17.4	00:40:57.6	14.6
108	281	COURTIAL Florian	M (105.)	M1 (15.)	COURIR EN LIRADOIS FOREZ	00:13:32.1	00:27:09.4	00:40:58.4	14.6
109	139	MAILLARD Florie	F (4.)	SE (2.)	S/L E. CEYRAT A.	00:13:45.3	00:27:22.2	00:40:59.7	14.6
110	302	DIF Pascal	M (106.)	M0 (21.)	ES USSEL	00:13:39.2	00:27:11.0	00:41:00.2	14.6
111	516	BURNIER Audrey	F (5.)	M0 (3.)		00:13:46.3	00:27:16.2	00:41:02.0	14.6
112	366	CHABOCHE Philippe	M (107.)	M2 (14.)		00:13:33.7	00:27:13.8	00:41:02.5	14.6
113	110	CHAMPION Eric	M (108.)	SE (35.)	RUN'IN SOPRA STERIA	00:14:08.8	00:27:54.0	00:41:02.7	14.6
114	127	CLERCY Fabrice	M (109.)	M0 (22.)		00:13:37.3	00:27:19.9	00:41:04.9	14.6
115	417	RENAUT Eric	M (110.)	M4 (7.)	LES BOURRINS DU MIDI	00:13:53.7	00:27:32.8	00:41:11.1	14.5
116	579	GAFOURI Nima	M (111.)	M1 (16.)		00:14:04.6	00:27:47.6	00:41:14.3	14.5
117	620	AVANTURIER Lucien	M (112.)	ES (4.)		00:12:47.7	00:26:51.7	00:41:14.7	14.5
118	274	RODARY Thierry	M (113.)	M4 (8.)	COURIR EN LIRADOIS FOREZ	00:13:44.4	00:27:27.6	00:41:14.8	14.5
119	415	COURTONE Patrick	M (114.)	M4 (9.)		00:13:52.5	00:27:31.4	00:41:24.1	14.4
120	504	AUBERT Vincent	M (115.)	SE (36.)		00:13:25.2	00:27:26.9	00:41:24.1	14.4
121	484	COULON Maxime	M (116.)	M0 (23.)		00:13:45.6	00:27:27.2	00:41:37.6	14.4
122	600	COSTA Daniel	M (117.)	SE (37.)		00:14:08.1	00:27:49.5	00:41:40.2	14.3
123	434	BOULINGUEZ Raphaël	M (118.)	ES (5.)		00:14:18.9	00:28:08.3	00:41:43.3	14.3
124	130	SAMBADE Franck	M (119.)	M0 (24.)	LEMPDES 63 TRIATHLON	00:13:16.7	00:27:20.1	00:41:43.8	14.3

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
125	464	BUISSON Mathieu	M (120.)	SE (38.)		00:14:00.6	00:27:54.6	00:41:44.8	14.3
126	192	PARIS Guillaume	M (121.)	M0 (25.)	PUISSANCE 3 COURNON	00:13:58.4	00:28:05.1	00:41:48.4	14.3
127	140	BOURDIER Pierre	M (122.)	SE (39.)	FLOPI	00:13:45.5	00:27:35.1	00:41:53.5	14.3
128	359	TOURTOULOU Francois	M (123.)	M1 (17.)	AS ROMAGNAT / LES TACHUS DE	00:14:00.4	00:28:04.0	00:42:04.1	14.2
129	546	THEVENET Franck	M (124.)	M2 (15.)	SDS 63	00:14:34.2	00:28:24.5	00:42:07.8	14.2
130	238	ZEDDE Guillaume	M (125.)	SE (40.)		00:14:27.2	00:28:18.9	00:42:15.2	14.1
131	553	GUTIERREZ Simon	M (126.)	M3 (8.)	BAC 63	00:14:44.5	00:28:30.3	00:42:17.6	14.1
132	250	FAUGERE Clement	M (127.)	SE (41.)	MENTAL	00:14:15.9	00:28:17.3	00:42:20.8	14.1
133	528	TOURON Regis	M (128.)	SE (42.)	CHATEAUGAY RACER	00:14:41.5	00:28:41.7	00:42:24.0	14.1
134	462	CHABANON Pierre	M (129.)	M1 (18.)	SDS 63	00:14:26.1	00:28:24.7	00:42:27.0	14.1
135	105	FOURNIER François	M (130.)	M2 (16.)		00:14:54.4	00:28:51.8	00:42:28.5	14.1
136	573	GUILLAUME Alexandre	M (131.)	M2 (17.)		00:14:24.4	00:28:28.7	00:42:30.0	14.1
137	260	LOAYZA RIVERA	M (132.)	M1 (19.)		00:14:30.5	00:28:34.0	00:42:32.1	14.1
138	203	JOFFRE Clément	M (133.)	SE (43.)	LES TORPILLEURS	00:14:12.7	00:28:29.2	00:42:34.4	14.0
139	369	BEAUNE David	M (134.)	M1 (20.)		00:13:56.1	00:28:16.0	00:42:36.4	14.0
140	314	GOUJAT Stéphane	M (135.)	M2 (18.)	LIMAGNE ATHELES ENDURANCE	00:14:30.7	00:28:40.1	00:42:36.7	14.0
141	22	MAZEL Alexandre	M (136.)	SE (44.)		00:14:04.8	00:27:54.4	00:42:38.1	14.0
142	493	LAMBERT Sebastien	M (137.)	M1 (21.)	SDS 63	00:14:21.3	00:28:24.1	00:42:40.4	14.0
143	552	EON Thibault	M (138.)	M0 (26.)		00:13:51.3	00:28:16.1	00:42:45.8	14.0
144	411	BOUCHET Romain	M (139.)	M0 (27.)		00:13:52.3	00:28:10.2	00:42:47.5	14.0
145	377	LAMOUREUX Loïc	M (140.)	SE (45.)	LES SANGLIERS EMERGENTS	00:14:43.8	00:28:58.6	00:42:52.0	13.9
146	277	PERNET Francis	M (141.)	M5 (2.)	COURIR EN LIRADOIS FOREZ	00:14:00.8	00:28:25.6	00:42:55.7	13.9
147	530	LE BRAS Stéphane	M (142.)	M1 (22.)	RCCP PAUGNAT	00:14:31.9	00:28:44.1	00:42:56.6	13.9
148	81	GRUNBERGER Benoit	M (143.)	ES (6.)	LA FOULÉE CARABINE	00:14:30.6	00:28:48.0	00:42:57.3	13.9
149	433	PROUHÈZE Maxime	M (144.)	SE (46.)		00:14:40.8	00:29:10.7	00:43:03.9	13.9
150	5	DOUARRE Maxime	M (145.)	ES (7.)	LA FOULÉE CARABINE	00:14:13.6	00:28:28.9	00:43:08.9	13.9
151	269	GARCIA Robert	M (146.)	M3 (9.)	COURIR EN LIRADOIS FOREZ	00:14:35.0	00:28:54.5	00:43:18.4	13.8
152	330	PRESSOUYRE Romain	M (147.)	M2 (19.)		00:15:11.6	00:29:46.2	00:43:21.4	13.8
153	288	VIGIER Guillaume	M (148.)	M0 (28.)		00:15:20.0	00:29:49.3	00:43:26.7	13.8
154	59	CROPPI Mathieu	M (149.)	M0 (29.)		00:14:08.5	00:28:46.2	00:43:27.1	13.8
155	11	PERRIER Stephane	M (150.)	M3 (10.)		00:14:57.0	00:29:05.6	00:43:27.9	13.8
156	524	LEMASSON Guillaume	M (151.)	M1 (23.)		00:14:54.0	00:29:14.0	00:43:38.6	13.7
157	373	DIEF Gerard	M (152.)	M5 (3.)	BAC BEAUMONT	00:14:57.0	00:29:18.0	00:43:42.7	13.7
158	371	MARTINET Tristan	M (153.)	SE (47.)		00:14:15.8	00:28:56.8	00:43:45.2	13.7
159	356	BERTIN Gaël	M (154.)	M2 (20.)	PUISSANCE 3 COURNON	00:15:01.3	00:29:30.7	00:43:58.6	13.6
160	285	MAGALHAES Damien	M (155.)	M0 (30.)	TEAM HOP HOP HOP	00:14:39.7	00:29:15.4	00:44:02.4	13.6
161	361	JOURNEAUX Olivier	M (156.)	M2 (21.)		00:14:05.4	00:28:57.3	00:44:05.4	13.6
162	416	RANTIEN Nicolas	M (157.)	M1 (24.)	ASPTT CLERMONT NATATION	00:15:04.5	00:29:37.4	00:44:09.0	13.5
163	541	LACELLE Benjamin	M (158.)	M0 (31.)		00:14:51.5	00:29:39.1	00:44:09.6	13.5
164	558	ALVY Bruno	M (159.)	M4 (10.)	PUISSANCE 3 COURNON	00:15:07.9	00:29:46.8	00:44:13.7	13.5
165	339	FREITAS CARDOSO	M (160.)	M3 (11.)	LES BOURRINS DU MIDI	00:15:08.2	00:29:46.7	00:44:13.8	13.5
166	457	RIBEIRO Mickael	M (161.)	M1 (25.)		00:14:45.1	00:29:23.3	00:44:17.0	13.5
167	606	COSTILLES Clement	M (162.)	ES (8.)		00:14:45.3	00:29:23.6	00:44:18.4	13.5
168	214	BARBEAU David	M (163.)	M2 (22.)	BARBLARD	00:15:04.3	00:29:36.9	00:44:19.7	13.5
169	584	DENEVE Yoann	M (164.)	SE (48.)		00:13:38.4	00:28:22.6	00:44:28.4	13.4
170	431	BESSON Christophe	M (165.)	M2 (23.)	LIMAGNE ATHELES ENDURANCE	00:14:43.0	00:29:27.3	00:44:29.4	13.4
171	231	BARTIN Cedric	M (166.)	M0 (32.)	SON'ART	00:15:38.9	00:30:07.0	00:44:29.7	13.4
172	183	BELMONT Yves	M (167.)	M0 (33.)	ACCENTURE	00:14:46.3	00:29:40.5	00:44:30.0	13.4
173	563	GENESTAS Isabelle	F (6.)	M3 (1.)	LES BOURRINS DU MIDI	00:15:08.7	00:29:48.5	00:44:30.9	13.4
174	217	GUSMANO Romain	M (168.)	SE (49.)		00:15:09.6	00:29:49.4	00:44:36.7	13.4
175	364	CHABANIS Leo	M (169.)	SE (50.)		00:14:21.8	00:29:57.5	00:44:41.3	13.4
176	221	DELARGILLIERE Baptiste	M (170.)	ES (9.)	POLYRUNNERS	00:14:27.6	00:30:02.0	00:44:42.4	13.4
177	387	MEYNIER François	M (171.)	SE (51.)	RUN'IN SOPRA STERIA	00:15:50.2	00:30:31.5	00:44:44.7	13.4
178	436	TREMEAUD Sebastien	M (172.)	M1 (26.)		00:15:18.4	00:30:11.3	00:44:45.5	13.4
179	67	QUERAT Jean-Daniel	M (173.)	M1 (27.)	BEAUMONT ATHLETIC CLUB	00:15:31.9	00:30:05.5	00:44:46.6	13.3
180	64	SOUYRI Gaëlle	F (7.)	ES (1.)	LA FOULÉE CARABINE	00:15:22.5	00:30:06.6	00:44:48.7	13.3
181	30	CHARVILLAT Jacques	M (174.)	M4 (11.)	BEAUMONT ATHLETIC CLUB	00:14:45.8	00:29:16.6	00:44:49.6	13.3
182	82	TAULE Alexis	M (175.)	SE (52.)		00:15:06.6	00:30:05.0	00:44:50.7	13.3
183	70	QUASTANA Yoann	M (176.)	SE (53.)		00:14:25.3	00:29:31.9	00:44:53.5	13.3
184	384	FORTÉ Jonathan	M (177.)	SE (54.)		00:14:20.2	00:29:24.5	00:44:54.2	13.3
185	336	DAUPHANT Sébastien	M (178.)	SE (55.)		00:14:55.6	00:29:51.3	00:44:54.4	13.3
186	490	LAMBERT Thomas	M (179.)	M0 (34.)		00:15:03.8	00:29:59.8	00:44:57.8	13.3
187	181	BRETON Louis	M (180.)	M4 (12.)	SA THIERS	00:15:22.1	00:30:11.1	00:45:00.9	13.3

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
188	559	JOUAN Fabrice	M (181.)	M3 (12.)		00:15:11.2	00:29:57.7	00:45:03.1	13.3
189	564	CHATARD Thierry	M (182.)	M3 (13.)		00:15:28.6	00:30:21.4	00:45:03.2	13.3
190	571	SKRZYPCZAK Yvan	M (183.)	M1 (28.)		00:15:53.9	00:30:29.1	00:45:05.3	13.3
191	259	CHANTELAUZE Antoine	M (184.)	SE (56.)		00:14:44.6	00:30:12.4	00:45:09.2	13.2
192	603	LUCZAK Christophe	M (185.)	SE (57.)		00:15:36.3	00:30:18.7	00:45:09.7	13.2
193	402	ROUZAIRE William	M (186.)	M2 (24.)		00:15:33.6	00:30:22.1	00:45:12.3	13.2
194	79	GIRIN Dimitri	M (187.)	ES (10.)		00:16:36.7	00:31:12.3	00:45:14.4	13.2
195	301	MONTET Yannick	M (188.)	M1 (29.)		00:15:12.7	00:30:04.3	00:45:15.3	13.2
196	515	CHANTELAUZE Claudy	F (8.)	M2 (1.)	TEAM RUN FOREZ	00:15:32.6	00:30:28.9	00:45:17.6	13.2
197	291	ROCHETTE Nicolas	M (189.)	M0 (35.)	LES TACHUS DE LA ROCHE	00:14:47.4	00:30:10.5	00:45:22.5	13.2
198	266	LACQUIT Arnaud	M (190.)	M0 (36.)		00:16:17.0		00:45:25.3	13.2
199	451	CHARMANT Teddy	M (191.)	SE (58.)		00:15:21.5	00:30:38.8	00:45:25.5	13.2
200	86	CALLA Gautier	M (192.)	SE (59.)		00:15:02.8	00:30:25.1	00:45:27.0	13.2
201	131	GIRAUD Florian	M (193.)	SE (60.)	PUISSANCE 3 COURNON	00:14:48.5	00:29:48.2	00:45:27.1	13.2
202	331	VALDIVIA Dominique	M (194.)	M4 (13.)		00:14:48.9	00:29:54.8	00:45:27.4	13.1
203	472	ENGELVIN Maxime	M (195.)	ES (11.)		00:15:41.6	00:30:39.1	00:45:29.7	13.1
204	615	GUYARD Clement	M (196.)	SE (61.)		00:14:46.1	00:29:57.6	00:45:31.2	13.1
205	614	MESSAGE Florian	M (197.)	SE (62.)		00:14:49.1	00:29:57.7	00:45:31.3	13.1
206	508	ISELIN Thomas	M (198.)	ES (12.)	BDS SIGMA	00:15:02.3	00:30:07.5	00:45:31.6	13.1
207	118	LOMBARD Thomas	M (199.)	ES (13.)		00:16:41.6	00:31:35.4	00:45:35.1	13.1
208	297	GESNEL Karine	F (9.)	M4 (1.)	BEAUMONT ATHLETIC CLUB	00:15:38.6	00:30:28.6	00:45:35.6	13.1
209	347	LABERINE Christophe	M (200.)	M1 (30.)		00:15:53.8	00:30:32.7	00:45:38.5	13.1
210	423	PENAUD Benjamin	M (201.)	SE (63.)	AMICALE LAÏQUE AUBIÈRE	00:15:42.0	00:30:45.0	00:45:38.7	13.1
211	365	CHABANIS Laurent	M (202.)	M2 (25.)		00:15:14.0	00:30:18.3	00:45:39.5	13.1
212	458	BADEAU Lucas	M (203.)	JU (6.)	POLYRUNNERS	00:15:24.2	00:30:22.3	00:45:40.3	13.1
213	164	VIGNAUD Marc	M (204.)	M5 (4.)	ACFA / LCV63	00:15:44.7	00:30:59.8	00:45:40.3	13.1
214	9	SOUCHAL Cyrille	M (205.)	M1 (31.)		00:15:46.2	00:30:40.0	00:45:43.7	13.1
215	55	DONZÉ Maxence	M (206.)	ES (14.)	LA FOULÉE CARABINE	00:15:17.8	00:30:26.9	00:45:45.7	13.1
216	468	GLEYZE Corinne	F (10.)	M2 (2.)	CA AMBILLY	00:15:26.8	00:30:30.0	00:45:48.4	13.0
217	249	MESSORI Anthony	M (207.)	SE (64.)	ETOILE CYCLISTE	00:12:46.9	00:27:41.2	00:45:49.9	13.0
218	66	DE OLIVEIRA Cedric	M (208.)	M1 (32.)	CLERMONT TRIATHLON	00:15:43.7	00:30:59.3	00:45:54.2	13.0
219	73	NACHAT Hassan	M (209.)	M2 (26.)	BRICOMAN	00:15:48.3	00:31:20.5	00:45:54.4	13.0
220	207	GUILLEMIN Matthieu	M (210.)	SE (65.)		00:15:53.0	00:31:06.0	00:45:57.9	13.0
221	292	PERRET Richard	M (211.)	M4 (14.)	ASBF	00:16:19.3	00:31:32.0	00:45:58.1	13.0
222	91	CATHEBRAS Eric	M (212.)	M5 (5.)		00:15:43.0	00:30:51.1	00:45:58.7	13.0
223	532	DUGAY Marlene	F (11.)	M1 (1.)	TEAM RUN FOREZ	00:15:30.6	00:30:30.7	00:46:02.5	13.0
224	404	MARROQUIN Andrea	F (12.)	SE (3.)		00:15:54.6	00:31:39.8	00:46:02.6	13.0
225	149	SORRO Julien	M (213.)	SE (66.)		00:15:10.8	00:30:32.0	00:46:05.2	13.0
226	178	AYNARD Mélanie	F (13.)	SE (4.)	SA THIERS	00:16:15.3	00:31:34.7	00:46:05.6	13.0
227	479	FLORET Rémi	M (214.)	M0 (37.)		00:15:35.3	00:30:51.1	00:46:08.1	13.0
228	123	SALLES Solène	F (14.)	SE (5.)	RUN'IN SOPRA STERIA	00:15:50.9	00:31:14.0	00:46:08.2	13.0
229	106	PEURIERE Ludvine	F (15.)	M0 (4.)		00:15:44.2	00:31:00.6	00:46:08.3	13.0
230	163	GIRONDE Raphael	M (215.)	SE (67.)	BEAUMONT ATHLETIC CLUB	00:15:31.7	00:30:31.8	00:46:08.5	13.0
231	48	RIGAUD François	M (216.)	M5 (6.)	AMICALE LAÏQUE AUBIÈRE	00:15:43.4	00:30:54.3	00:46:13.1	12.9
232	98	LALLEMANT Christophe	M (217.)	M3 (14.)		00:15:24.6	00:30:46.2	00:46:13.6	12.9
233	537	DESORMIERE Lea	F (16.)	SE (6.)		00:15:24.9	00:30:37.5	00:46:14.6	12.9
234	389	MOUNEYRAT Christian	M (218.)	M3 (15.)	LES RUNNERS DU VSG	00:15:30.3	00:30:47.6	00:46:14.8	12.9
235	526	RIGIEYX Gaëlle	F (17.)	SE (7.)		00:15:34.4	00:30:33.9	00:46:18.3	12.9
236	298	ROUZAIRE Vincent	M (219.)	M2 (27.)	LONELY GOAT	00:15:29.1	00:30:42.5	00:46:20.9	12.9
237	289	CHAPPUIS Jean-Pierre	M (220.)	M3 (16.)		00:16:19.0	00:31:24.0	00:46:23.2	12.9
238	477	RACINEUX Gilles	M (221.)	M3 (17.)		00:15:52.4	00:31:10.7	00:46:27.8	12.9
239	93	DUBOIS Anne Céline	F (18.)	SE (8.)	ASPTT CLERMONT	00:15:48.0	00:30:59.6	00:46:28.4	12.9
240	13	SIKLOS Rita	F (19.)	M1 (2.)		00:16:01.2	00:31:08.6	00:46:29.4	12.9
241	502	VOGT Elisabeth	F (20.)	M4 (2.)	AS ROMAGNAT ATHLETISME	00:15:47.6	00:31:02.8	00:46:29.8	12.9
242	335	CHANSÉAUME Aurélie	F (21.)	M1 (3.)	CALR	00:15:45.9	00:31:01.4	00:46:31.5	12.8
243	598	PORCHEZ Adeline	F (22.)	M0 (5.)	MARCOMBE TEAM RUNNING	00:15:49.2	00:30:58.1	00:46:33.0	12.8
244	135	WATELLET Bruno	M (222.)	M2 (28.)	COOL RAOUL	00:15:51.6	00:31:16.1	00:46:34.3	12.8
245	572	VILLIERE Fabien	M (223.)	M2 (29.)	AS IBM LYON	00:16:00.9	00:31:06.6	00:46:41.6	12.8
246	198	DE SOUSA GOMES	M (224.)	M2 (30.)	LES P'TITS BOUGNATS	00:15:27.0	00:30:56.0	00:46:48.0	12.8
247	119	DURAND Stéphane	M (225.)	M4 (15.)	BRIVE LIMOUSIN TRIATHLON	00:15:40.8	00:31:12.9	00:46:53.6	12.7
248	282	FONTLOP Emmanuel	M (226.)	SE (68.)	ATSCAF 03	00:15:43.4	00:31:04.0	00:46:55.1	12.7
249	392	BRONDEAU Romain	M (227.)	SE (69.)		00:14:44.3	00:30:41.7	00:47:02.4	12.7
250	531	SAINZ Thibault	M (228.)	SE (70.)	CLERMONT GAELS	00:15:31.6	00:31:07.7	00:47:03.3	12.7

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
251	585	SABEAU Virginie	F (23.)	M1 (4.)		00:15:39.2	00:31:17.9	00:47:03.3	12.7
252	489	DE CESARE Mélanie	F (24.)	SE (9.)		00:16:10.0	00:31:39.5	00:47:03.5	12.7
253	256	PORNIN Mathieu	M (229.)	M0 (38.)		00:18:00.2	00:33:17.0	00:47:04.1	12.7
254	168	TREGUIER Jean-Pierre	M (230.)	M6 (2.)		00:16:22.8	00:31:44.9	00:47:04.6	12.7
255	586	CHALARD Jean-Marc	M (231.)	M3 (18.)		00:15:55.5	00:31:14.7	00:47:05.5	12.7
256	283	RENAUDET Camille	F (25.)	SE (10.)	STADE CLERMONTOIS	00:15:58.7	00:31:24.0	00:47:07.6	12.7
257	439	SOYEZ Aymar	M (232.)	SE (71.)	LE RCA	00:15:20.9	00:31:07.7	00:47:09.1	12.7
258	253	WAINE Alice	F (26.)	SE (11.)	ASM CLERMONT ATHLÉTISME	00:15:35.1	00:31:20.7	00:47:09.6	12.7
259	507	IBOS Paul	M (233.)	SE (72.)		00:16:55.0	00:32:38.8	00:47:10.6	12.7
260	272	KAHALOUN Hassan	M (234.)	M2 (31.)	COURIR EN LIRADOIS FOREZ	00:15:54.1	00:31:35.9	00:47:11.2	12.7
261	611	MASSON Morgan	M (235.)	M0 (39.)		00:17:11.8	00:31:49.3	00:47:11.2	12.7
262	75	CLAIR Jean-Eudes	M (236.)	M3 (19.)	LA TRIPERIE	00:16:19.2	00:31:51.3	00:47:12.4	12.7
263	218	DHAIBY Gabriel	M (237.)	ES (15.)	TEAM PHARMA	00:14:59.7	00:31:00.7	00:47:14.1	12.7
264	437	VILACA Thibault	M (238.)	SE (73.)		00:16:34.5	00:32:15.6	00:47:15.2	12.6
265	503	LE RESTE Brieuc	M (239.)	SE (74.)	RASSEMBLEMENT DES	00:15:29.2	00:31:16.0	00:47:17.3	12.6
266	174	DUPIY Anne	F (27.)	M2 (3.)	SA THIERS	00:16:17.2	00:31:43.0	00:47:17.4	12.6
267	385	CREPIN Francois	M (240.)	SE (75.)		00:15:28.6	00:31:15.7	00:47:17.4	12.6
268	95	JAILLET Ludovic	M (241.)	SE (76.)	JURA RUNNER	00:16:36.8	00:32:14.4	00:47:18.0	12.6
269	536	VELUIRE Christine	F (28.)	M3 (2.)	ASM CLERMONT ATHLÉTISME	00:15:44.5	00:31:23.0	00:47:18.6	12.6
270	29	PERRIER-CUSSAC	M (242.)	M1 (33.)	LES TACHUS DE LA ROCHE	00:16:54.0	00:32:28.0	00:47:24.5	12.6
271	533	DUGAY Marie	F (29.)	CA (1.)	COURIR EN LIRADOIS FOREZ	00:15:42.5	00:31:33.6	00:47:27.2	12.6
272	481	CHARBONNEL Sebastien	M (243.)	M2 (32.)		00:16:21.8	00:32:07.1	00:47:28.0	12.6
273	485	ANDRE Yannick	M (244.)	M1 (34.)		00:16:04.8	00:31:48.6	00:47:29.5	12.6
274	52	PLASSARD Vincent	M (245.)	M1 (35.)	LES TACHUS DE LA ROCHE	00:16:55.8	00:32:27.5	00:47:35.0	12.6
275	155	ANDRIEUX Louise	F (30.)	SE (12.)		00:16:37.0	00:32:15.5	00:47:36.0	12.6
276	324	PITAVY Lydia	F (31.)	M2 (4.)	TEAM RUN FOREZ	00:16:06.7	00:31:48.3	00:47:40.9	12.5
277	471	SADOURNY Hugo	M (246.)	SE (77.)		00:16:46.7	00:32:41.5	00:47:41.8	12.5
278	607	BUTEZ Franck	M (247.)	M3 (20.)		00:15:57.6	00:31:59.4	00:47:52.2	12.5
279	428	SEVERAC Julien	M (248.)	SE (78.)		00:16:04.9	00:32:05.9	00:47:58.8	12.5
280	332	GERARD Jérôme	M (249.)	M1 (36.)		00:16:58.9	00:32:32.1	00:48:00.0	12.4
281	486	SIAUGUES Nicolas	M (250.)	M0 (40.)		00:16:09.8	00:31:58.6	00:48:03.6	12.4
282	263	VILACA Antoine	M (251.)	M3 (21.)		00:16:34.6	00:32:16.0	00:48:04.6	12.4
283	89	PUZENAT Jean-François	M (252.)	M6 (3.)	AMICALE LAÏQUE AUBIÈRE	00:16:18.6	00:32:07.0	00:48:04.6	12.4
284	267	PIGNOL Laurent	M (253.)	M1 (37.)	XC 63	00:16:27.0	00:32:07.7	00:48:05.8	12.4
285	412	LIM Frederic	M (254.)	M2 (33.)		00:16:20.3	00:32:10.2	00:48:07.8	12.4
286	15	DA SILVA Nelson	M (255.)	SE (79.)		00:16:11.2	00:32:17.1	00:48:09.3	12.4
287	100	BLANCHARD Adrien	M (256.)	SE (80.)	LA FOULÉE CARABINE	00:16:15.6	00:31:59.4	00:48:11.9	12.4
288	180	ZUCCHIATTI Aurélie	F (32.)	M0 (6.)	SA THIERS	00:16:48.4	00:32:38.8	00:48:13.2	12.4
289	68	GOUTÉROT Olivier	M (257.)	M3 (22.)	BEAUMONT ATHLETIC CLUB	00:16:18.6	00:32:21.5	00:48:16.3	12.4
290	435	CHASSAGNE Elisa	F (33.)	ES (2.)		00:16:15.6	00:32:09.1	00:48:17.6	12.4
291	258	FREGONESE Serge	M (258.)	M5 (7.)	B A C	00:16:38.0	00:32:23.6	00:48:18.8	12.4
292	8	MURE Quentin	M (259.)	ES (16.)	LA FOULÉE CARABINE	00:17:12.1	00:33:01.3	00:48:19.0	12.4
293	401	GARCIA Bernard	M (260.)	M5 (8.)	LES BOURRINS DU MIDI	00:16:32.6	00:32:23.0	00:48:19.2	12.4
294	296	MONNET Stephane	M (261.)	M2 (34.)	BAC 63	00:16:30.9	00:32:18.3	00:48:21.3	12.4
295	529	GIRAUD Rémi	M (262.)	SE (81.)		00:15:42.5	00:32:12.5	00:48:24.9	12.3
296	111	CHABANEAU Florian	M (263.)	SE (82.)	RUN'IN SOPRA STERIA	00:15:52.8	00:32:09.1	00:48:26.9	12.3
297	294	BASTERRE Didier	M (264.)	M3 (23.)		00:15:52.0	00:31:51.7	00:48:28.3	12.3
298	430	FERNAND Pierre	M (265.)	M3 (24.)	MARCOMBE TEAM RUNNING	00:16:20.3	00:32:23.3	00:48:28.4	12.3
299	271	MARCHEPOIL Lisa	F (34.)	CA (2.)	COURIR EN LIRADOIS FOREZ	00:15:58.7	00:32:27.0	00:48:29.8	12.3
300	270	MARCHEPOIL Franck	M (266.)	M2 (35.)	COURIR EN LIRADOIS FOREZ	00:15:58.2	00:32:26.5	00:48:29.9	12.3
301	337	COMPTE Philippe	M (267.)	M5 (9.)		00:16:32.6	00:32:23.0	00:48:33.6	12.3
302	576	SEGUIN Damien	M (268.)	SE (83.)		00:16:45.8	00:32:54.2	00:48:34.0	12.3
303	520	GERMA Arthur	M (269.)	SE (84.)		00:16:54.4	00:32:38.4	00:48:36.1	12.3
304	565	DELPEUX Bernard	M (270.)	M4 (16.)		00:16:07.2	00:32:09.6	00:48:36.9	12.3
305	381	ALDON Jerome	M (271.)	M2 (36.)	LACT HAIR DELICIEUX	00:16:41.4	00:32:51.0	00:48:39.4	12.3
306	455	ROLLE Alban	M (272.)	M2 (37.)		00:16:19.3	00:32:22.9	00:48:40.7	12.3
307	199	GRENIER Sebastien	M (273.)	M2 (38.)		00:15:57.9	00:32:14.1	00:48:42.3	12.3
308	396	AMBLARD Pierrick	M (274.)	SE (85.)		00:17:04.2	00:33:16.0	00:48:42.4	12.3
309	300	SABATIER Yannick	M (275.)	SE (86.)	BAC 63	00:15:56.9	00:32:19.7	00:48:43.5	12.3
310	39	NIEMIR DEVEAU Pierre	M (276.)	M1 (38.)	IKIBOX FRANCE	00:16:48.7	00:32:54.8	00:48:47.4	12.2
311	403	LEYCURAS Valentin	M (277.)	SE (87.)		00:15:54.3	00:32:10.1	00:48:48.2	12.2
312	459	MAVEL Julien	M (278.)	M0 (41.)	FIT RUNNING 63	00:15:57.4	00:32:09.0	00:48:49.7	12.2
313	99	GRASER Jean Claude	M (279.)	M5 (10.)	BEAUMONT ATHLETIC CLUB	00:17:25.3	00:33:16.1	00:48:51.2	12.2

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
314	293	CHAZAL Jean-Luc	M (280.)	M5 (11.)	LES COUROU DES VOLCANS	00:16:48.2	00:32:53.0	00:48:54.2	12.2
315	160	CONFESSON Floriane	F (35.)	SE (13.)	STADE CLERMONTOIS	00:16:36.9	00:32:47.3	00:48:56.3	12.2
316	574	RIGONDET Roxane	F (36.)	SE (14.)		00:16:13.0	00:32:38.3	00:48:57.7	12.2
317	114	CARADOSSI Sébastien	M (281.)	M0 (42.)		00:16:28.9	00:32:41.1	00:48:58.2	12.2
318	333	SARTRE Alexandre	M (282.)	M1 (39.)	AS ROMAGNAT ATHLETISME	00:17:19.5	00:33:36.6	00:49:02.2	12.2
319	295	COLOMBIER Renaud	M (283.)	M2 (39.)		00:16:56.3	00:33:06.0	00:49:02.2	12.2
320	581	GENAUD Aurelie	F (37.)	M1 (5.)	LES BOURRINS DU MIDI	00:16:56.2	00:33:06.0	00:49:02.7	12.2
321	101	BOULDOYRE Stéphane	M (284.)	M3 (25.)		00:16:54.1	00:32:58.3	00:49:03.0	12.2
322	482	BOSTDECHER David	M (285.)	M0 (43.)		00:17:01.8	00:33:15.0	00:49:03.4	12.2
323	344	BONNIN Gérard	M (286.)	M6 (4.)	ASM	00:16:40.6	00:32:45.7	00:49:06.8	12.2
324	94	ROSSIGNOL Gregory	M (287.)	M2 (40.)	ASM	00:16:41.3	00:32:46.2	00:49:06.9	12.2
325	137	DIESTE Laurent	M (288.)	M3 (26.)		00:16:03.0	00:32:18.6	00:49:09.6	12.2
326	176	BRUNET Patrick-Olivier	M (289.)	M2 (41.)	SA THIERS	00:16:40.8	00:32:41.9	00:49:12.9	12.1
327	497	MEALLET Mathieu	M (290.)	SE (88.)		00:16:55.8	00:32:49.9	00:49:13.1	12.1
328	325	LARRIEU Pascal	M (291.)	M1 (40.)		00:16:27.1	00:32:32.7	00:49:15.9	12.1
329	596	LACOMBE Xavier	M (292.)	M5 (12.)		00:16:18.8	00:32:49.4	00:49:22.0	12.1
330	465	NGUYEN Mathias	M (293.)	M1 (41.)		00:16:39.9	00:32:57.9	00:49:22.9	12.1
331	170	SALVAN Jérémy	M (294.)	SE (89.)	LACT HAIR DELICIEUX	00:17:30.8	00:33:40.4	00:49:28.6	12.1
332	425	GENEIX Damien	M (295.)	SE (90.)	LACT HAIR DELICIEUX	00:17:30.8	00:33:40.4	00:49:29.9	12.1
333	357	PARRET Alexandre	M (296.)	SE (91.)		00:16:56.4	00:33:31.0	00:49:34.2	12.1
334	602	BOISAN Philippe	M (297.)	M4 (17.)		00:16:29.8	00:32:57.6	00:49:36.6	12.0
335	262	DEVORS Thomas	M (298.)	SE (92.)		00:16:00.3	00:32:23.6	00:49:38.3	12.0
336	120	BONHOMME David	M (299.)	M1 (42.)		00:16:54.7	00:32:50.7	00:49:38.3	12.0
337	308	MOUTON Yann	M (300.)	M0 (44.)	AS ROMAGNAT ATHLETISME	00:16:48.1	00:33:15.9	00:49:38.9	12.0
338	28	MASSON Patrice	M (301.)	M1 (43.)	EFFIAT	00:16:32.8	00:33:06.8	00:49:40.2	12.0
339	383	LANTUECH Alexis	M (302.)	SE (93.)		00:16:57.9	00:33:31.8	00:49:40.5	12.0
340	442	BERGER Lucie	F (38.)	M1 (6.)		00:16:29.7	00:33:05.9	00:49:44.4	12.0
341	173	COUPERIER Christelle	F (39.)	M1 (7.)	SA THIERS	00:16:41.2	00:32:54.0	00:49:45.5	12.0
342	182	LEFEUVRE Paul	M (303.)	SE (94.)	ACCENTURE	00:17:46.2	00:33:45.5	00:49:47.0	12.0
343	341	FARGEIX Michel	M (304.)	M5 (13.)	ACFA	00:17:09.9	00:33:29.3	00:49:47.7	12.0
344	368	GRDANOVIC Julien	M (305.)	M1 (44.)		00:16:28.2	00:32:54.9	00:49:54.5	12.0
345	519	MOHAMED Youssouf	M (306.)	SE (95.)		00:16:40.1	00:33:01.4	00:49:58.7	12.0
346	327	ABABSA Mathieu	M (307.)	SE (96.)	BAC 63	00:15:13.8	00:32:10.9	00:50:02.9	11.9
347	376	MENEYROL Thierry	M (308.)	M3 (27.)		00:16:34.7	00:33:02.4	00:50:06.0	11.9
348	227	TOURNADRE Yoann	M (309.)	M1 (45.)	CACF RUNNING	00:16:59.5	00:33:39.7	00:50:06.5	11.9
349	621	ENREILLE Pascal	M (310.)	M4 (18.)		00:17:27.8	00:34:03.5	00:50:06.6	11.9
350	375	PEREZ Sébastien	M (311.)	M0 (45.)		00:17:09.4	00:33:40.7	00:50:06.9	11.9
351	261	LOUAGIE Hugues	M (312.)	M2 (42.)	BEAUMONT ATHLETIC CLUB	00:17:37.6	00:34:07.0	00:50:15.4	11.9
352	205	PENRATH Jean-Baptiste	M (313.)	SE (97.)	DOMRAIDER	00:17:42.5	00:34:22.5	00:50:19.7	11.9
353	246	JOSSELIN Marie	F (40.)	SE (15.)	BEAUMONT ATHLETIC CLUB	00:16:29.4	00:33:30.0	00:50:26.2	11.8
354	151	GIACOMONI Laurent	M (314.)	M2 (43.)		00:17:26.8	00:34:05.5	00:50:32.1	11.8
355	103	THIVEYRAT Mathieu	M (315.)	CA (1.)		00:17:09.7	00:33:26.1	00:50:35.8	11.8
356	58	MECHINAUD Charline	F (41.)	SE (16.)	BAC 63	00:17:09.1	00:33:32.7	00:50:40.1	11.8
357	352	BEL Jean Luc	M (316.)	M4 (19.)	AMICALE LAÏQUE AUBIÈRE	00:17:44.3	00:34:15.8	00:50:44.4	11.8
358	126	SAVY Elodie	F (42.)	SE (17.)		00:17:04.1	00:33:50.0	00:50:49.0	11.8
359	538	LEBEY Valerie	F (43.)	M2 (5.)		00:16:44.7	00:33:36.2	00:50:49.4	11.8
360	184	YEUNG Evans	M (317.)	M0 (46.)	ACCENTURE	00:17:33.7	00:34:41.2	00:50:50.1	11.8
361	544	MOUEZA Mike	M (318.)	SE (98.)	RASSEMBLEMENT DES	00:16:45.8	00:33:45.0	00:50:53.2	11.7
362	107	AIGOUY Jérôme	M (319.)	M0 (47.)	FATASS	00:17:45.4	00:34:36.8	00:50:53.5	11.7
363	363	BELLAIGUES Yves	M (320.)	M4 (20.)	CUC ATHLETISME	00:17:38.0	00:34:11.5	00:50:57.9	11.7
364	116	BOISSEAU Nathalie	F (44.)	M2 (6.)		00:17:30.8	00:34:31.0	00:51:03.5	11.7
365	265	DECHAMBENOIT	F (45.)	M1 (8.)	BEAUMONT ATHLETIC CLUB	00:17:37.2	00:34:18.6	00:51:12.3	11.7
366	450	BERG Fiona	F (46.)	ES (3.)	LA FOULÉE CARABINE	00:17:19.1	00:34:26.6	00:51:14.6	11.7
367	132	MIOCHE Frédéric	M (321.)	M2 (44.)	NASATRI	00:17:55.3	00:34:39.7	00:51:17.7	11.6
368	542	ROMAIN Fanny	F (47.)	SE (18.)		00:17:32.9	00:34:29.4	00:51:19.1	11.6
369	50	COHEN Laurent	M (322.)	M4 (21.)	AMICALE LAÏQUE AUBIÈRE	00:16:28.1	00:33:36.8	00:51:21.8	11.6
370	367	FAURE BACCOUNNAUD	F (48.)	M0 (7.)		00:17:49.0	00:34:30.5	00:51:25.5	11.6
371	230	COTE Rémi	M (323.)	SE (99.)		00:18:05.6	00:35:06.7	00:51:26.2	11.6
372	518	CADENE Frédéric	M (324.)	M1 (46.)	LICORNE VELUES	00:18:05.7	00:35:06.9	00:51:26.3	11.6
373	499	BOURGEON Colin	M (325.)	SE (100.)	RASSEMBLEMENT DES	00:16:05.7	00:33:44.2	00:51:29.7	11.6
374	605	CHRISTOPHE Sebastien	M (326.)	M0 (48.)		00:17:03.8	00:34:03.1	00:51:34.3	11.6
375	575	POUZOUX Bertrand	M (327.)	M2 (45.)		00:17:46.1	00:35:00.9	00:51:40.2	11.6
376	343	MOUSSOUR Antoine	M (328.)	M1 (47.)		00:18:13.5	00:35:25.8	00:51:43.1	11.6

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
377	128	ROMAGNAT Didier	M (329.)	M4 (22.)	COURIR A PONT DU CHATEAU	00:18:03.7	00:35:22.7	00:51:44.3	11.5
378	232	GOURDY Guillaume	M (330.)	SE (101.)	LPPS	00:18:54.5	00:35:48.1	00:51:47.5	11.5
379	557	ROPELEWSKI Laurence	F (49.)	M4 (3.)	ALA	00:17:13.0	00:34:28.0	00:51:48.4	11.5
380	480	PAPON Pierre	M (331.)	ES (17.)		00:18:31.2	00:35:21.1	00:51:48.6	11.5
381	85	FALCHERO Loïc	M (332.)	M1 (48.)		00:16:58.4	00:33:56.8	00:51:57.0	11.5
382	276	THIOLAT Justine	F (50.)	CA (3.)	COURIR EN LIRADOIS FOREZ	00:17:34.3	00:35:00.9	00:51:58.2	11.5
383	275	BORDEL Romane	F (51.)	CA (4.)	COURIR EN LIRADOIS FOREZ	00:17:34.5	00:35:01.3	00:51:58.6	11.5
384	150	LE GOFF Hugo	M (333.)	ES (18.)	LA FOULÉE CARABINE	00:17:49.5	00:34:47.5	00:52:02.7	11.5
385	62	BOYER Sébastien	M (334.)	M2 (46.)	COURNON AMBIANCE COURSE	00:19:29.0	00:36:18.3	00:52:06.0	11.5
386	10	STOS Mathieu	M (335.)	ES (19.)	LA FOULÉE CARABINE	00:16:48.3	00:35:03.3	00:52:06.5	11.5
387	152	DELAGE Alain	M (336.)	M4 (23.)		00:17:26.2	00:34:33.7	00:52:12.5	11.4
388	236	GAUTHIER Samuel	M (337.)	M1 (49.)		00:18:19.9	00:35:25.7	00:52:18.5	11.4
389	234	VENTENAT David	M (338.)	M1 (50.)		00:18:20.1	00:35:25.2	00:52:18.8	11.4
390	147	FAYARD Damien	M (339.)	SE (102.)		00:18:54.0	00:36:07.4	00:52:19.1	11.4
391	117	BOUAISSA Fouad	M (340.)	M0 (49.)		00:17:43.0	00:35:02.4	00:52:19.6	11.4
392	134	LARANGÉ Thomas	M (341.)	M2 (47.)	TEAM MUMU	00:21:54.6	00:36:35.6	00:52:20.5	11.4
393	470	PEILLERON Guillaume	M (342.)	M0 (50.)		00:17:54.0	00:34:59.6	00:52:21.3	11.4
394	429	CABASSUD David	M (343.)	M2 (48.)		00:19:23.7	00:36:15.7	00:52:22.2	11.4
395	255	LABBE Arnaud	M (344.)	M1 (51.)	NON LICENCIE	00:16:27.8	00:34:41.2	00:52:24.4	11.4
396	299	BORDEL Robert	M (345.)	M6 (5.)	COURIR EN LIRADOIS FOREZ	00:17:41.2	00:34:59.7	00:52:25.4	11.4
397	601	GAREL Christophe	M (346.)	M1 (52.)	LES VIEILLES CHARRUES	00:18:35.1	00:35:13.9	00:52:27.5	11.4
398	378	NAVARON Sébastien	M (347.)	M0 (51.)	LES SANGLIERS EMERGENTS	00:17:45.1	00:35:08.8	00:52:30.4	11.4
399	27	LOPEZ Mickael	M (348.)	M0 (52.)	LES VIEILLES CHARRUES RUGBY	00:18:34.4	00:35:55.0	00:52:30.8	11.4
400	456	TROMPAT François	M (349.)	M1 (53.)		00:19:21.5	00:36:15.2	00:52:32.1	11.4
401	233	PAPET Nicolas	M (350.)	SE (103.)	LPPS	00:18:54.2	00:35:47.8	00:52:32.7	11.4
402	45	BONNET Daniel	M (351.)	M5 (14.)	AMICALE LAÏQUE AUBIÈRE	00:17:57.4	00:35:20.1	00:52:37.7	11.4
403	350	MÉTAIS Pierre	M (352.)	M2 (49.)	LIFETRI	00:17:58.2	00:35:21.4	00:52:39.5	11.3
404	115	CARADOSSI Asma	F (52.)	M1 (9.)		00:18:01.4	00:35:16.9	00:52:41.0	11.3
405	215	PRADES Benjamin	M (353.)	SE (104.)	LACT HAIR DELICIEUX	00:18:02.0	00:35:32.3	00:52:43.6	11.3
406	395	BRUN Jean Claude	M (354.)	M6 (6.)		00:18:13.6	00:35:35.5	00:52:44.1	11.3
407	143	LAUCOURNET Olivier	M (355.)	M3 (28.)		00:17:05.9	00:34:41.9	00:52:47.6	11.3
408	166	MODESTO Lény	M (356.)	ES (20.)	LA FOULÉE CARABINE	00:18:30.7	00:35:37.5	00:52:51.8	11.3
409	165	GABET Claire	F (53.)	ES (4.)	LA FOULÉE CARABINE	00:18:30.4	00:35:37.7	00:52:52.1	11.3
410	247	MANRY Baptiste	M (357.)	M1 (54.)		00:18:32.6	00:36:03.9	00:52:52.3	11.3
411	618	CHAMBON Christophe	M (358.)	M3 (29.)		00:18:36.5	00:35:55.2	00:52:55.5	11.3
412	617	MENAGE Stephane	M (359.)	M2 (50.)		00:18:36.5	00:35:55.4	00:52:55.6	11.3
413	370	CHASSAGNE	M (360.)	M6 (7.)		00:18:05.9	00:35:33.7	00:52:59.3	11.3
414	505	DI GIROLAMO Sylvie	F (54.)	M5 (1.)	MTR63	00:17:36.5	00:35:03.8	00:52:59.6	11.3
415	306	MAROTIN Aurélien	M (361.)	SE (105.)		00:18:14.6	00:35:43.9	00:53:01.5	11.3
416	427	LEBEAU Patrick	M (362.)	M4 (24.)		00:17:54.6	00:35:29.9	00:53:09.2	11.2
417	539	GALLAY Eric	M (363.)	M4 (25.)	AS IBM LYON	00:18:20.6	00:35:50.5	00:53:11.3	11.2
418	72	FRELICOT Dan	M (364.)	M1 (55.)	LES VIEILLES CHARRUES RUGBY	00:18:34.0	00:35:57.0	00:53:12.4	11.2
419	362	DEGRENON Morgane	F (55.)	SE (19.)		00:18:03.3	00:35:22.8	00:53:12.7	11.2
420	31	CHEILLETZ Eric	M (365.)	M2 (51.)	LES VIEILLES CHARRUES RUGBY	00:18:34.9		00:53:12.8	11.2
421	32	FANGUIN Jérôme	M (366.)	M1 (56.)	LES VIEILLES CHARRUES RUGBY	00:18:35.2	00:35:49.2	00:53:14.1	11.2
422	191	RIFFAULT Paul	M (367.)	SE (106.)	LACT HAIR DELICIEUX	00:17:29.7	00:35:04.5	00:53:16.0	11.2
423	510	VICENTE Enzo	M (368.)	SE (107.)	BDS SIGMA	00:17:51.8	00:35:39.8	00:53:16.1	11.2
424	555	BOURDIER Michel	M (369.)	M5 (15.)		00:17:21.1	00:35:08.1	00:53:17.2	11.2
425	290	BELHAJ Ahmed	M (370.)	M3 (30.)		00:18:05.1	00:36:02.3	00:53:17.8	11.2
426	154	CHAPUT Gilles	M (371.)	M6 (8.)	NL	00:16:34.4	00:34:20.8	00:53:18.7	11.2
427	228	SEGAUD Alexandra	F (56.)	SE (20.)		00:19:05.6	00:36:18.2	00:53:19.1	11.2
428	280	MIOLANE Christine	F (57.)	M4 (4.)	COURIR EN LIRADOIS FOREZ	00:17:41.8	00:35:27.5	00:53:40.4	11.1
429	467	BASSIN Bruno	M (372.)	M2 (52.)	TOUS ENSEMBLE POUR ROBIN	00:17:48.6	00:35:35.1	00:53:43.7	11.1
430	219	THALGOTT Alexia	F (58.)	SE (21.)	MARCOMBE TEAM RUNNING	00:17:50.0	00:35:59.3	00:53:44.4	11.1
431	35	MULARD Emilie	F (59.)	M0 (8.)	POLESANTEREPUBLIQUE	00:18:01.4	00:35:41.9	00:53:48.1	11.1
432	521	ALBISSON Juliette	F (60.)	SE (22.)		00:17:46.3	00:35:23.8	00:53:48.1	11.1
433	34	PIRONY Sandra	F (61.)	M1 (10.)	POLE SANTE REPUBLIQUE	00:18:03.4	00:35:42.6	00:53:49.1	11.1
434	321	COURTY Loïs	M (373.)	JU (7.)		00:18:33.0	00:36:15.8	00:53:52.6	11.1
435	549	VERGNE Arnaud	M (374.)	M0 (53.)	LICORNE VELUES	00:18:04.8	00:35:12.0	00:53:54.9	11.1
436	24	MADEROLLE Valentin	M (375.)	M2 (53.)		00:18:19.4	00:35:44.1	00:53:56.4	11.1
437	104	MONTEL Pierre-Louis	M (376.)	CA (2.)		00:25:18.6		00:54:00.2	11.1
438	74	AMATO Joseph	M (377.)	M4 (26.)	BEAUMONT ATHLETIC CLUB	00:18:32.8	00:36:11.4	00:54:01.5	11.1
439	548	VUILLEMIN Serge	M (378.)	M1 (57.)	TRAILLER DES COMBRAILLES	00:17:49.1	00:35:48.4	00:54:03.5	11.0

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
440	342	LE GLOANEC	M (379.)	M2 (54.)	LES TACHUS DE LA ROCHE	00:18:03.9	00:35:41.4	00:54:09.8	11.0
441	188	MONFORT Lisa-Jane	F (62.)	SE (23.)	ACCENTURE	00:18:04.3	00:36:04.7	00:54:11.7	11.0
442	6	CHATAGNIER Laurent	M (380.)	M0 (54.)		00:18:32.7	00:36:18.9	00:54:12.5	11.0
443	422	PENAUD François	M (381.)	M4 (27.)	AMICALE LAÏQUE AUBIÈRE	00:18:47.4	00:36:32.5	00:54:13.7	11.0
444	421	PENAUD Mireille	F (63.)	M4 (5.)	AMICALE LAÏQUE AUBIÈRE	00:18:52.6	00:36:33.0	00:54:14.1	11.0
445	374	SIEPIELSKI Bastien	M (382.)	M1 (58.)	LES TACHUS DE LA ROCHE	00:18:05.8	00:35:56.9	00:54:15.8	11.0
446	551	SAOUCHI Meriem	F (64.)	M3 (3.)	BAC 63	00:18:33.7	00:36:12.6	00:54:15.9	11.0
447	398	PINET Claude	M (383.)	M5 (16.)		00:17:26.9	00:35:28.8	00:54:17.6	11.0
448	179	MONNOT Gisèle	M (384.)	M1 (59.)		00:18:27.5	00:36:16.8	00:54:21.3	11.0
449	229	MEILHEURET Sylvain	M (385.)	M0 (55.)				00:54:26.9	11.0
450	604	PERARD Julien	M (386.)	SE (108.)		00:17:14.0	00:35:18.8	00:54:31.3	11.0
451	186	MAGNY-GARCIA Thomas	M (387.)	SE (109.)	ACCENTURE	00:18:04.3	00:36:13.8	00:54:32.3	11.0
452	109	CRANTELLE Roger	M (388.)	M6 (9.)		00:17:58.7	00:36:08.2	00:54:38.0	10.9
453	522	BALBINE Romane	F (65.)	ES (5.)		00:19:37.9	00:37:16.5	00:54:51.7	10.9
454	148	BECKER Antoine	M (389.)	M1 (60.)		00:19:06.8	00:37:23.2	00:55:00.2	10.9
455	80	MAGNY GARCIA Thomas	M (390.)	SE (110.)	ACCENTURE			00:55:03.5	10.8
456	550	TOURAILLE Pascale	F (66.)	M6 (1.)	ASPTT CLERMONT ATHLETISME	00:18:43.4	00:36:52.7	00:55:03.7	10.8
457	570	LONJON Christophe	M (391.)	M0 (56.)		00:18:26.3	00:36:10.5	00:55:15.5	10.8
458	569	LONJON Philippe	M (392.)	M0 (57.)		00:18:26.7	00:36:11.1	00:55:16.4	10.8
459	360	ADAM Lucie	F (67.)	M1 (11.)	TATA LULU	00:18:43.8	00:37:10.0	00:55:21.8	10.8
460	386	DI TOMMASO Anna	F (68.)	M3 (4.)		00:17:45.2	00:36:38.3	00:55:30.6	10.8
461	53	BERNARD Virginie	F (69.)	SE (24.)	63032	00:18:56.0	00:37:08.0	00:55:30.7	10.8
462	397	COUSY Olivier	M (393.)	M2 (55.)	BEAUMONT ATHLETIC CLUB	00:18:56.4	00:37:08.7	00:55:31.5	10.8
463	185	CHARLES Natalie	F (70.)	M0 (9.)	ACCENTURE	00:18:04.6	00:36:09.9	00:55:32.4	10.8
464	461	GOMINARD Cyrille	M (394.)	M2 (56.)		00:19:03.2	00:37:11.6	00:55:39.0	10.7
465	595	DARBEAUD Lukas	M (395.)	SE (111.)		00:17:29.8	00:36:58.6	00:55:39.6	10.7
466	42	HOAREAU Philippe	M (396.)	M4 (28.)	AMICALE LAÏQUE AUBIÈRE	00:19:53.6	00:38:30.0	00:55:45.2	10.7
467	394	DELABRE Coralie	F (71.)	SE (25.)		00:19:22.3	00:38:00.1	00:55:46.8	10.7
468	560	BOUSSAGEON Mathieu	M (397.)	SE (112.)		00:19:22.3	00:37:59.9	00:55:47.0	10.7
469	590	REF Sebastien	M (398.)	M1 (61.)		00:19:02.1	00:37:26.5	00:55:50.6	10.7
470	222	DE FREITAS Pascal	M (399.)	M1 (62.)		00:19:36.3	00:38:03.4	00:55:53.6	10.7
471	547	DENEUVILLE-CONSTAN	F (72.)	M0 (10.)	RC VICHY	00:18:50.5	00:37:05.9	00:55:59.2	10.7
472	616	MALAVAL Christian	M (400.)	M4 (29.)		00:18:09.1	00:36:33.4	00:55:59.6	10.7
473	407	VALENTE Alexandre	M (401.)	SE (113.)	LPPS	00:19:23.4	00:37:44.8	00:55:59.8	10.7
474	460	VERDIER Frédéric	M (402.)	M2 (57.)		00:19:24.4	00:38:09.5	00:55:59.9	10.7
475	38	NIEMIR-DEVEAU Natalia	F (73.)	M0 (11.)	IKIBOX FRANCE	00:18:00.6	00:36:44.6	00:56:06.6	10.6
476	463	NONY Karine	F (74.)	M2 (7.)		00:19:16.0	00:37:26.9	00:56:12.4	10.6
477	307	VIDAL Blandine	F (75.)	M3 (5.)	BEAUMONT ATHLETIC CLUB	00:18:56.0	00:37:21.2	00:56:12.7	10.6
478	346	NOURRIGAT Patricia	F (76.)	M4 (6.)		00:19:32.6	00:38:10.7	00:56:13.5	10.6
479	112	REIGNAT Jerome	M (403.)	M4 (30.)		00:19:54.0	00:39:04.4	00:56:15.0	10.6
480	195	LONGT Stéphane	M (404.)	M3 (31.)		00:19:26.8	00:38:06.1	00:56:21.0	10.6
481	145	JEANNIN Loïse	F (77.)	M0 (12.)	BEAUMONT ATHLETIC CLUB	00:19:32.1	00:37:43.4	00:56:21.8	10.6
482	235	CHASTAING Pierre	M (405.)	SE (114.)	LACT HAIR DELICIEUX	00:18:54.0	00:37:43.7	00:56:34.1	10.6
483	372	DIEF Sylvie	F (78.)	M5 (2.)	BAC BEAUMONT	00:19:12.6	00:37:47.7	00:56:34.3	10.6
484	190	GARCIA Aurélien	M (406.)	SE (115.)	LACT HAIR DELICIEUX	00:18:55.9	00:37:45.7	00:56:35.9	10.6
485	44	BARBARA Francis	M (407.)	M5 (17.)	AMICALE LAÏQUE AUBIÈRE	00:20:03.2	00:38:30.9	00:56:45.3	10.5
486	591	MULLER Richard	M (408.)	M1 (63.)		00:19:02.7	00:37:31.1	00:56:46.6	10.5
487	189	ROUDEIX Etienne	M (409.)	SE (116.)	DOMRAIDER	00:17:42.3	00:36:53.6	00:56:52.6	10.5
488	305	BONY Carole	F (79.)	SE (26.)	FIT TRAINING 63	00:19:29.2	00:38:05.0	00:56:56.7	10.5
489	568	LACROIX Jerome	M (410.)	M0 (58.)		00:18:15.9	00:36:40.2	00:56:58.4	10.5
490	252	LAGENTE Frederic	M (411.)	M2 (58.)		00:18:40.2	00:37:43.5	00:56:58.4	10.5
491	245	SCHMIZ Karine	F (80.)	M2 (8.)		00:18:49.5	00:37:44.9	00:57:11.3	10.4
492	469	DUQUENOY	F (81.)	M5 (3.)	BEAUMONT ATHLETIC CLUB	00:19:12.3	00:38:03.3	00:57:15.8	10.4
493	49	FAURE Hélène	F (82.)	M5 (4.)	AMICALE LAÏQUE AUBIÈRE	00:19:53.6	00:38:32.6	00:57:17.6	10.4
494	475	MARCHAND Léa	F (83.)	SE (27.)	L'APPART FITNESS COURNON	00:18:19.6	00:37:11.7	00:57:27.0	10.4
495	7	DUBOISSET Jacques	M (412.)	M0 (59.)		00:18:33.1	00:37:06.1	00:57:29.8	10.4
496	580	FARINET Francois	M (413.)	SE (117.)		00:19:19.6	00:38:37.3	00:57:45.0	10.3
497	523	TRASSOUDAINÉ Eva	F (84.)	SE (28.)		00:19:54.9	00:38:54.4	00:57:45.8	10.3
498	187	GOURCY Claire	F (85.)	M0 (13.)	ACCENTURE	00:19:20.6	00:38:38.3	00:57:45.9	10.3
499	124	OLMO Aurélie	F (86.)	M1 (12.)		00:19:37.3	00:38:33.4	00:57:50.6	10.3
500	125	THOMAS Angelique	F (87.)	M1 (13.)		00:19:38.0	00:38:33.6	00:57:50.7	10.3
501	204	MALMEZAT Isabelle	F (88.)	M3 (6.)		00:20:17.9	00:39:25.4	00:57:57.3	10.3
502	251	LAGENTE Marion	F (89.)	CA (5.)		00:19:30.6	00:39:34.3	00:58:08.9	10.3

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
503	286	BOUCHEIX Patrick	M (414.)	M5 (18.)	BEAUMONT ATHLETIC CLUB	00:19:57.7	00:39:02.4	00:58:12.8	10.3
504	2	VIVET Clémentine	F (90.)	SE (29.)	LA FOULÉE CARABINE	00:19:30.4	00:38:52.7	00:58:13.8	10.3
505	177	BRUNET Axelle	M (415.)	JU (8.)	SA THIERS	00:20:10.7	00:39:10.4	00:58:15.6	10.2
506	206	LEFORT Alexia	F (91.)	SE (30.)		00:19:21.2	00:38:48.9	00:58:28.8	10.2
507	161	CONFESSON Annabelle	F (92.)	SE (31.)		00:19:13.6	00:38:44.6	00:58:29.6	10.2
508	400	JAGUENEAU Alain	M (416.)	M3 (32.)		00:18:56.4	00:38:22.0	00:58:32.8	10.2
509	239	LECHAT Pierre	M (417.)	SE (118.)		00:19:36.6	00:39:30.8	00:58:38.5	10.2
510	138	PYPEC Maxime	M (418.)	SE (119.)	TEAM ANALGESIA	00:19:36.0	00:39:16.6	00:58:38.6	10.2
511	409	VALDIVIA CANO Pascal	M (419.)	M3 (33.)		00:19:47.4	00:39:01.9	00:58:49.6	10.1
512	345	KHOSROW Shevba	F (93.)	M1 (14.)		00:19:54.1	00:39:04.2	00:58:54.6	10.1
513	56	SAUVADET Brandon	M (420.)	SE (120.)		00:20:14.5	00:40:37.1	00:58:55.3	10.1
514	619	LEVEAU Jean Francois	M (421.)	M3 (34.)		00:19:37.5	00:39:11.7	00:58:55.5	10.1
515	478	JOUBERT Christophe	M (422.)	M1 (64.)	SDS 63	00:19:42.1	00:39:13.5	00:58:56.6	10.1
516	97	MURA Sandrine	F (94.)	M3 (7.)		00:20:19.9	00:39:48.4	00:58:58.5	10.1
517	202	DEMAY Séverine	F (95.)	M0 (14.)	DOMRAIDER	00:19:43.7	00:39:15.3	00:58:58.8	10.1
518	201	GAVALDA Lauren	F (96.)	SE (32.)	DOMRAIDER	00:19:41.1	00:39:15.2	00:58:59.1	10.1
519	309	MALZIEU Benjamin	M (423.)	M0 (60.)		00:19:42.0	00:39:16.8	00:59:00.3	10.1
520	446	PASCAL Audrey	F (97.)	M1 (15.)		00:19:56.3	00:39:51.6	00:59:02.5	10.1
521	71	QUASTANA Elodie	F (98.)	SE (33.)		00:19:57.3	00:39:21.9	00:59:03.0	10.1
522	447	LAURENT Denis	M (424.)	M4 (31.)		00:19:56.0	00:39:49.9	00:59:03.7	10.1
523	354	DEFFONTIS Hervé	M (425.)	M3 (35.)	BAC 63	00:20:11.3	00:39:45.3	00:59:30.8	10.0
524	329	DAMIENS Aurore	F (99.)	SE (34.)		00:20:12.7	00:39:47.1	00:59:31.3	10.0
525	328	DAMIENS Patricia	F (100.)	M3 (8.)		00:20:12.3	00:39:46.8	00:59:31.7	10.0
526	540	ROUZIER Etienne	M (426.)	M1 (65.)	CGI	00:19:14.6	00:38:42.9	00:59:31.9	10.0
527	156	ALVES Alda	F (101.)	M1 (16.)		00:20:34.0	00:40:20.6	00:59:49.4	10.0
528	279	DEBITON Patricia	F (102.)	M3 (9.)	COURIR EN LIRADOIS FOREZ	00:20:11.3	00:39:48.2	01:00:03.4	9.9
529	14	MANDELLI Marine	F (103.)	SE (35.)		00:20:11.9	00:40:24.6	01:00:20.8	9.9
530	452	MORENO Antonia	F (104.)	M3 (10.)		00:19:56.0	00:39:53.8	01:00:20.8	9.9
531	410	BRUN Florent	M (427.)	ES (21.)	LA FOULÉE CARABINE	00:18:50.3	00:39:40.0	01:00:22.8	9.9
532	157	MURER Nicolas	M (428.)	ES (22.)	LA FOULÉE CARABINE	00:18:51.1	00:39:40.8	01:00:23.8	9.9
533	312	BOURDUT Jessica	F (105.)	M0 (15.)		00:19:30.4	00:39:37.4	01:00:35.8	9.9
534	562	AMJOD Leila	F (106.)	M2 (9.)		00:20:13.5	00:40:25.7	01:01:02.8	9.8
535	61	NAILLE Céline	F (107.)	M0 (16.)		00:20:25.5	00:40:19.4	01:01:03.2	9.8
536	517	GILBERT Juliette	F (108.)	ES (6.)		00:19:27.8	00:39:38.7	01:01:03.6	9.8
537	142	MATHIEU Nadine	F (109.)	M4 (7.)		00:19:47.5	00:39:57.8	01:01:12.9	9.8
538	51	FAURIE Coline	F (110.)	ES (7.)		00:21:04.3	00:40:57.8	01:01:18.0	9.7
539	609	NIZET Maxime	M (429.)	SE (121.)	LACT HAIR DELICIEUX	00:18:55.6	00:39:26.2	01:01:19.6	9.7
540	136	SABLAYROLLES Alain	M (430.)	M7 (1.)		00:20:42.7	00:41:26.7	01:01:38.6	9.7
541	200	GUINOT Romain	M (431.)	SE (122.)		00:20:21.0	00:40:32.5	01:01:58.4	9.6
542	153	QUAIRE Cecile	F (111.)	M0 (17.)		00:20:21.1	00:40:33.0	01:01:58.5	9.6
543	57	SAUVADET GENILLIER	F (112.)	SE (36.)		00:20:15.6	00:40:38.5	01:02:12.4	9.6
544	46	BRASI Caroline	F (113.)	M4 (8.)	AMICALE LAÏQUE AUBIÈRE	00:20:40.9	00:41:16.5	01:02:27.8	9.6
545	43	BARBARA Mireille	F (114.)	M5 (5.)	AMICALE LAÏQUE AUBIÈRE	00:20:41.6	00:41:18.8	01:02:28.5	9.6
546	169	JARDILLIER Joël	M (432.)	M3 (36.)		00:21:20.9	00:41:51.7	01:02:31.5	9.5
547	129	CAPALA Jennifer	F (115.)	M0 (18.)		00:21:21.4	00:41:51.7	01:02:32.1	9.5
548	241	VILACA Chris	F (116.)	M3 (11.)	TOUS POUR ROBIN	00:21:31.5	00:41:50.3	01:02:32.4	9.5
549	171	MASCLE Julie	F (117.)	SE (37.)	LA FOULÉE CARABINE	00:19:50.7	00:40:44.7	01:02:36.0	9.5
550	525	TOUZET Frédéric	M (433.)	M3 (37.)	PLAUZAT SPORT NAT	00:21:21.7	00:42:24.2	01:02:45.9	9.5
551	556	MONTEILHET Delphine	F (118.)	M1 (17.)	PLAUZAT SPORT NAT	00:21:36.9	00:42:25.7	01:02:46.2	9.5
552	355	TOUZET Corinne	F (119.)	M3 (12.)	PLAUZAT SPORT NAT	00:21:36.8	00:42:25.9	01:02:46.2	9.5
553	483	LACOMBE Valerie	F (120.)	M3 (13.)	PSN	00:21:35.4	00:42:16.1	01:02:46.5	9.5
554	424	DELAURENT Jacky	M (434.)	M5 (19.)		00:20:21.0	00:42:16.0	01:02:52.3	9.5
555	122	TORCHET-DIT-RENARD	F (121.)	SE (38.)		00:20:24.9	00:41:22.9	01:02:57.1	9.5
556	197	CHANSEAUME Christian	M (435.)	M6 (10.)		00:21:14.2	00:42:16.0	01:02:58.6	9.5
557	196	BUSSIERE Emilie	F (122.)	M1 (18.)		00:21:13.7	00:42:15.8	01:02:58.8	9.5
558	242	BIOUGNE Therese	F (123.)	M4 (9.)	TOUS POUR ROBIN	00:21:29.5	00:41:51.4	01:03:05.5	9.5
559	340	HABRIAL Nathalie	F (124.)	M0 (19.)		00:21:13.2	00:42:13.6	01:03:26.3	9.4
560	319	BONNABAUD Sylvie	F (125.)	M3 (14.)	GYM CREUZIER	00:21:29.3	00:42:22.3	01:03:28.4	9.4
561	194	BEURRIER Nathalie	F (126.)	M2 (10.)		00:21:30.1	00:42:22.9	01:03:42.7	9.4
562	225	COMMEAU Maude	F (127.)	M2 (11.)		00:21:30.2	00:42:33.1	01:03:44.1	9.4
563	78	BRUNET Juliette	F (128.)	SE (39.)		00:21:07.1	00:42:29.7	01:04:09.8	9.3
564	380	DUPUIS Arnaud	M (436.)	SE (123.)	LES SANGLIERS EMERGENTS	00:21:44.0	00:42:47.0	01:04:12.3	9.3
565	582	BLOT Kevin	M (437.)	SE (124.)		00:21:44.9	00:42:47.3	01:04:12.7	9.3

Ran	Do	Nom Prénom	M/F	Cat.	Club	3300m	6600m	Temps	Moyen
566	96	EYDIEUX Charlene	F (129.)	SE (40.)		00:21:39.3	00:43:21.3	01:04:25.0	9.3
567	133	LECURIER Muriel	F (130.)	M2 (12.)	TEAM MUMU	00:21:54.8	00:43:06.4	01:04:55.8	9.2
568	40	JEUDI Lionel	M (438.)	M1 (66.)	GAN CUSSET	00:21:09.1	00:42:17.8	01:05:20.6	9.1
569	84	FOLLANFANT Alberte	F (131.)	M4 (10.)		00:21:54.0	00:43:42.1	01:05:25.6	9.1
570	159	GRENET Perrine	F (132.)	SE (41.)		00:21:57.8	00:43:46.7	01:06:47.4	8.9
571	561	AMJOD Abdellah	M (439.)	M5 (20.)		00:21:28.6	00:44:00.4	01:07:13.8	8.9
572	102	THIVEYRAT Céline	F (133.)	M2 (13.)		00:24:40.4	00:48:21.2	01:08:05.6	8.8
573	21	DUCLEROIR Emilie	F (134.)	SE (42.)		00:21:56.6	00:44:28.2	01:08:22.7	8.7
574	60	DUCLEROIR Elodie	M (440.)	SE (125.)		00:21:56.5	00:44:27.9	01:08:22.8	8.7
575	17	VIGOUROUX Fanny	F (135.)	M0 (20.)	POUCE	00:21:39.7	00:44:23.7	01:08:59.0	8.6
576	87	KERIOU Vanessa	F (136.)	SE (43.)		00:24:24.5	00:47:11.8	01:09:04.9	8.6
577	491	GAYRAUD Sylvie	F (137.)	M3 (15.)		00:21:40.1	00:44:38.8	01:09:14.0	8.6
578	26	APERCE Stéphanie	F (138.)	M0 (21.)		00:23:05.5	00:46:20.0	01:11:37.1	8.3
579	54	AGBESSI Thibault	M (441.)	SE (126.)		00:23:04.7	00:46:19.2	01:11:37.9	8.3
580	63	DEUTSCH Carole	F (139.)	M3 (16.)		00:24:41.0	00:48:21.6	01:13:07.0	8.2