

Rang	Dos.	Nom Prénom	M/F	Cat.	CP Ville	1200m	3100m	Temps	Moyenne
5 km									
1	158	EL GHARBI Camel	M (1.)	SE (1.)	ACNA	00:03:54.4	00:09:54.6	00:15:56.3	18.8
2	233	LAHSSINI EI Hassan	M (2.)	V1 (1.)		00:03:54.2	00:09:53.3	00:16:00.7	18.7
3	350	CASTREJON Pascal	M (3.)	V1 (2.)	ACNA	00:04:02.8	00:10:17.3	00:16:40.0	17.9
4	320	BENYAKOUB Slimane	M (4.)	V1 (3.)		00:03:57.9	00:10:26.4	00:16:49.8	17.8
5	311	BUISSON Cyril	M (5.)	V1 (4.)	SCAC	00:03:58.2	00:10:24.0	00:16:51.9	17.7
6	404	RENAUDIN Hugo	M (6.)	SE (2.)		00:03:59.4	00:10:27.0	00:17:08.7	17.4
7	149	DIAZ Sébastien	M (7.)	V1 (5.)		00:03:59.0	00:10:21.4	00:17:11.3	17.4
8	305	FRESCA Alexandre	M (8.)	SE (3.)		00:04:01.9	00:10:34.4	00:17:18.0	17.3
9	374	TOUAHRI Morad	M (9.)	V1 (6.)		00:04:04.9	00:10:41.8	00:17:23.7	17.2
10	115	HINTERSTEIN Rémi	M (10.)	SE (4.)	NORDINETEAM	00:04:19.8	00:11:02.3	00:17:33.5	17.0
11	332	SYLVESTRE Didier	M (11.)	V1 (7.)	AC2A	00:04:03.6	00:10:46.5	00:17:35.6	17.0
12	151	DEVESSE Alain	M (12.)	V2 (1.)	AC2A	00:04:12.9	00:10:54.2	00:17:37.6	17.0
13	420	GUIGON Laurent	M (13.)	V2 (2.)		00:04:11.7	00:10:53.9	00:17:42.6	16.9
14	193	AUBAGUE Bertrand	M (14.)	V1 (8.)	SCAC	00:04:04.3	00:10:52.7	00:17:51.8	16.7
15	381	MICHEL Loris	M (15.)	MI (1.)		00:04:04.1	00:10:52.0	00:17:54.6	16.7
16	235	FRIEIRO Jean Michel	M (16.)	V1 (9.)	ACNA	00:04:12.4	00:10:57.5	00:17:55.2	16.7
17	364	LEOMAND Sebastien	M (17.)	V1 (10.)	SCAC	00:04:11.5	00:10:59.2	00:17:58.9	16.6
18	280	BARROT Julien	M (18.)	SE (5.)	ACNA	00:04:20.0	00:11:07.0	00:18:00.6	16.6
19	125	BRUN Julien	M (19.)	SE (6.)	FORM'EVENT	00:04:10.2	00:11:04.9	00:18:08.2	16.5
20	345	ANDRÉ Cyril	M (20.)	V1 (11.)	ACNA	00:04:26.9	00:11:20.3	00:18:18.5	16.3
21	201	CABOCHÉ Bruno	M (21.)	V2 (3.)	ALÈS CÉVENNES ATHLÉTISME	00:04:16.7	00:11:15.7	00:18:20.8	16.3
22	237	FERRIER Enzo	M (22.)	CA (1.)	ALES TRI	00:04:22.0	00:11:17.5	00:18:20.8	16.3
23	173	CASTIGLION Michel	M (23.)	V1 (12.)	CLERMONT L HERAULT	00:04:27.2	00:11:25.6	00:18:28.6	16.2
24	284	DANJOU Olivier	M (24.)	V2 (4.)	RTN 30	00:04:20.9	00:11:17.7	00:18:30.5	16.2
25	411	JANTON Jerome	M (25.)	SE (7.)	SCAC	00:04:22.0	00:11:20.9	00:18:32.6	16.1
26	368	CANTA Fabrice	M (26.)	V1 (13.)		00:04:09.5	00:11:17.5	00:18:37.1	16.1
27	217	EVESQUE Patrick	M (27.)	V2 (5.)	LES OLIVETTES	00:04:20.6	00:11:18.9	00:18:37.2	16.1
28	306	THEROND Stephane	M (28.)	V1 (14.)	ACNA	00:04:29.8	00:11:33.1	00:18:40.6	16.0
29	408	PENARRUBIA	M (29.)	V1 (15.)	ACNA	00:04:22.4	00:11:28.4	00:18:41.2	16.0
30	208	FRIBOURG Teddy	M (30.)	SE (8.)		00:04:30.0	00:11:36.9	00:18:50.8	15.9
31	180	SERRANO Florent	M (31.)	CA (2.)		00:04:42.8	00:11:47.2	00:18:51.2	15.9
32	244	GUEZELLOU Fabien	M (32.)	SE (9.)	ENTENTE CYCLISTE	00:04:21.6	00:11:31.0	00:18:51.3	15.9
33	179	RIEUTORD Jean	M (33.)	V2 (6.)	SCAC	00:04:30.2	00:11:35.9	00:18:53.8	15.8
34	232	BROS Nicolas	M (34.)	SE (10.)	AC2A	00:04:30.8	00:11:42.1	00:18:55.6	15.8
35	209	DURAND Frédéric	M (35.)	V1 (16.)		00:04:39.9	00:11:47.9	00:19:03.4	15.7
36	421	SABATIER Jean David	M (36.)	SE (11.)		00:04:18.5	00:11:32.0	00:19:04.2	15.7
37	192	MANEN Alexandre	M (37.)	SE (12.)		00:04:36.4	00:11:53.4	00:19:05.0	15.7
38	372	GARRIGOS Loic	M (38.)	SE (13.)		00:04:30.2	00:11:41.6	00:19:06.3	15.7
39	206	COSTA Jean François	M (39.)	V1 (17.)	AC2A	00:04:42.8	00:11:52.0	00:19:06.6	15.6
40	142	GERARD Baptiste	M (40.)	ES (1.)	AC2A	00:04:08.2	00:11:32.1	00:19:19.7	15.5
41	346	VAQUIER Jeremy	M (41.)	SE (14.)		00:04:14.6	00:11:36.5	00:19:23.5	15.4
42	107	GELY Laurent	M (42.)	SE (15.)	TEAM LOLO	00:04:30.3	00:11:49.0	00:19:24.0	15.4
43	238	FERRIER Philippe	M (43.)	V2 (7.)	ALES TRI	00:04:50.5	00:12:09.5	00:19:25.0	15.4
44	262	CROMBET Thomas	M (44.)	CA (3.)	ITSI-BAN ALÈS	00:04:21.5	00:11:40.9	00:19:30.3	15.3
45	110	WADEL Romaric	M (45.)	SE (16.)		00:04:56.5	00:12:13.9	00:19:35.8	15.3
46	207	BRUGAL Franck	M (46.)	SE (17.)	AC2A	00:04:48.3	00:12:06.8	00:19:41.1	15.2
47	202	SALZE Philippe	M (47.)	V2 (8.)	A.C.N.ANDUZE	00:04:31.3	00:11:56.4	00:19:42.0	15.2
48	169	CLARTE Gregory	M (48.)	CA (4.)	AC2A	00:04:14.9	00:11:38.9	00:19:43.5	15.2
49	309	CALDESAIGUES	M (49.)	V1 (18.)	AC2A	00:04:48.7	00:12:08.7	00:19:44.4	15.1
50	230	VALLIER Enzo	M (50.)	CA (5.)		00:04:41.3	00:12:15.9	00:19:47.9	15.1
51	316	RAT Matvei	M (51.)	ES (2.)		00:04:29.4	00:12:02.4	00:19:47.9	15.1
52	189	HAFID Gaëtan	M (52.)	ES (3.)		00:04:34.2	00:12:06.6	00:19:48.6	15.1
53	229	BOIS Tony	M (53.)	ES (4.)		00:04:24.2	00:11:49.1	00:19:50.0	15.1
54	328	SOUALAH Lakdar	M (54.)	V2 (9.)	ACNA	00:04:44.2	00:12:08.8	00:19:50.0	15.1
55	120	DUMAS Françoise	F (1.)	V2 (1.)	AC2A / ENDURANCE CHRONO	00:04:44.1	00:12:08.8	00:19:53.1	15.0
56	331	LAPORTE Christophe	M (55.)	V1 (19.)	ACNA	00:04:44.0	00:12:17.8	00:20:01.5	14.9
57	225	LE SAINT Théo	M (56.)	CA (6.)	INSTANT RUNNING ALÈS	00:04:35.1	00:12:06.8	00:20:02.6	14.9
58	264	KRAEMER Marwin	M (57.)	CA (7.)	ITSI-BAN ALÈS	00:04:46.6	00:12:05.8	00:20:03.6	14.9
59	224	SARTORI Fabio	M (58.)	CA (8.)	INSTANT RUNNING ALÈS	00:04:39.5	00:12:09.8	00:20:04.7	14.9
60	198	BARTHELOT Clément	M (59.)	ES (5.)		00:04:48.6	00:12:19.1	00:20:05.1	14.9
61	252	ARNOUX Marion	F (2.)	SE (1.)	AC2A	00:04:44.9	00:12:17.4	00:20:13.2	14.8

Rang	Dos.	Nom Prénom	M/F	Cat.	CP Ville	1200m	3100m	Temps	Moyenne
62	251	STRATTA Florian	M (60.)	SE (18.)		00:05:00.7	00:12:31.7	00:20:13.8	14.8
63	261	CHAKOUR Denzel	M (61.)	CA (9.)	ITSI-BAN ALÈS	00:04:44.9	00:12:09.5	00:20:16.9	14.7
64	170	CLARTE Stéphane	M (62.)	V1 (20.)	AC2A	00:04:28.4	00:12:14.1	00:20:17.1	14.7
65	154	COURTINE Sylvain	M (63.)	SE (19.)		00:04:37.9	00:12:28.7	00:20:21.3	14.7
66	291	PASCAL Grégory	M (64.)	SE (20.)	FORM'EVENT	00:05:07.2	00:12:55.2	00:20:33.5	14.5
67	215	GRAND Thomas	M (65.)	SE (21.)	LES OLIVETTES	00:04:37.7	00:12:17.0	00:20:40.5	14.5
68	327	GRONDANO Clement	M (66.)	SE (22.)		00:05:00.0	00:12:52.8	00:20:41.9	14.4
69	254	MAURIN Laurent	M (67.)	V2 (10.)		00:05:31.9	00:12:58.0	00:20:43.0	14.4
70	417	GUEROUAHANE	M (68.)	V1 (21.)		00:04:50.8	00:12:47.8	00:20:45.2	14.4
71	314	ANDREU Nicolas	M (69.)	SE (23.)		00:05:01.7	00:12:49.4	00:20:47.5	14.4
72	234	VERSTRAETE	M (70.)	V1 (22.)		00:05:05.9	00:12:54.3	00:20:47.6	14.4
73	339	PIERON Benoit	M (71.)	SE (24.)		00:04:40.8	00:12:41.1	00:20:48.9	14.4
74	196	AUBAGUE Hugo	M (72.)	CA (10.)	JULIRUNNERS	00:04:48.1	00:12:55.0	00:20:50.2	14.3
75	102	LAFONT Gregory	M (73.)	SE (25.)		00:05:14.8	00:13:01.7	00:20:50.3	14.3
76	390	PERCZAK MALIUSHI	F (3.)	SE (2.)	ACNA	00:05:08.7	00:12:56.9	00:20:52.3	14.3
77	185	DUJON Serge	M (74.)	V2 (11.)	SNR CEVENNES	00:04:56.6	00:12:48.8	00:20:52.8	14.3
78	109	CODEMO Fabien	M (75.)	SE (26.)		00:05:02.2	00:12:51.4	00:20:55.3	14.3
79	282	GINANE Arthur	M (76.)	CA (11.)		00:05:00.5	00:13:05.9	00:21:01.6	14.2
80	333	BRACHET Marc	M (77.)	V1 (23.)	MOVING	00:05:08.6	00:13:06.5	00:21:02.3	14.2
81	315	ROURRET Alexandre	M (78.)	SE (27.)		00:05:02.2	00:12:54.0	00:21:02.4	14.2
82	393	COIN Jean Marc	M (79.)	V2 (12.)		00:05:06.3	00:12:59.8	00:21:02.7	14.2
83	182	DEPAUW David	M (80.)	V1 (24.)	AUCUN	00:04:58.9	00:12:57.2	00:21:04.2	14.2
84	271	ROUSSEL Fabien	M (81.)	SE (28.)	AC2A	00:04:50.9	00:12:49.2	00:21:07.6	14.2
85	210	MAGUET Romain	M (82.)	SE (29.)		00:05:04.2	00:12:58.1	00:21:08.9	14.1
86	141	BLANC Freddy	M (83.)	SE (30.)		00:05:17.7	00:13:01.4	00:21:11.0	14.1
87	317	MASCELFF Serge	M (84.)	V1 (25.)	AC2A	00:05:14.4	00:13:05.8	00:21:11.2	14.1
88	241	MURGIA Lucas	M (85.)	ES (6.)		00:05:03.6	00:12:54.5	00:21:12.7	14.1
89	186	KUBANI Sébastien	M (86.)	V1 (26.)	AC2A	00:05:02.6	00:13:01.2	00:21:16.2	14.1
90	348	GUERZOU Mohamed	M (87.)	V2 (13.)	SCAC	00:05:25.7	00:13:18.0	00:21:17.5	14.0
91	133	BORDARIER	M (88.)	V1 (27.)	ACCES GAZ	00:04:57.2	00:13:03.9	00:21:19.4	14.0
92	253	LECOCQ Charlotte	F (4.)	SE (3.)		00:05:16.0	00:13:18.4	00:21:21.1	14.0
93	382	SOUCHON Benjamin	M (89.)	SE (31.)	ACNA	00:05:00.5	00:13:03.0	00:21:21.4	14.0
94	221	FISCHER Christophe	M (90.)	SE (32.)	ACCES GAZ	00:04:43.9	00:12:55.1	00:21:22.2	14.0
95	310	ANDRIGHETTO	M (91.)	V1 (28.)		00:05:13.9	00:13:13.6	00:21:23.1	14.0
96	148	LE SAINT Stephan	M (92.)	V1 (29.)		00:04:53.1	00:12:59.2	00:21:23.6	14.0
97	307	ROINÉ Delphine	F (5.)	V1 (1.)	AC2A	00:05:09.9	00:13:12.8	00:21:24.3	14.0
98	243	ANDRE Thomas	M (93.)	SE (33.)		00:05:16.4	00:13:19.0	00:21:24.5	14.0
99	308	BOULARD Bruno	M (94.)	V1 (30.)		00:05:06.6	00:13:11.5	00:21:25.9	13.9
100	413	JOURDAN Fabrice	M (95.)	V2 (14.)	AC2A	00:05:14.9	00:13:16.2	00:21:27.4	13.9
101	161	SABADEL Mike	M (96.)	V1 (31.)	FORM'EVENT	00:04:45.6	00:12:58.3	00:21:27.4	13.9
102	276	CORTES Rémi	M (97.)	SE (34.)		00:04:51.3	00:13:02.4	00:21:28.5	13.9
103	135	LABCHIRI	M (98.)	V2 (15.)	ACNA	00:04:58.4	00:12:57.4	00:21:32.1	13.9
104	204	LAFONT Hervé	M (99.)	SE (35.)	TEAM CASSAGNOLES	00:05:02.0	00:13:13.8	00:21:33.8	13.9
105	396	BRES Emmanuel	M (100.)	SE (36.)	MONS RUNNING	00:05:06.6	00:13:13.0	00:21:38.6	13.8
106	338	CHAMBOREDON	M (101.)	SE (37.)	MOVING	00:05:28.7	00:13:40.9	00:21:38.9	13.8
107	299	NAIZOT François	M (102.)	V2 (16.)	FORM'EVENT GOLD	00:05:28.7	00:13:26.4	00:21:51.3	13.7
108	181	BOUET Tanya	F (6.)	MI (1.)	ACNANDUZE	00:05:18.6	00:13:18.2	00:21:56.9	13.6
109	222	FELGEOIROLLES	M (103.)	V3 (1.)	AC2A INSTANT RUNNING	00:05:07.7	00:13:31.8	00:21:58.4	13.6
110	318	MONTES Cathy	F (7.)	V3 (1.)	AC2A	00:05:11.7	00:13:29.0	00:21:59.1	13.6
111	425	LE ROENT Kylian	M (104.)	MI (2.)		00:04:52.1	00:13:06.7	00:22:00.5	13.6
112	380	MICHEL Laurent	M (105.)	SE (38.)		00:05:04.9	00:13:18.6	00:22:01.9	13.6
113	190	MOREAUX Arnaud	M (106.)	V1 (32.)	1973	00:05:33.3	00:13:41.4	00:22:02.2	13.6
114	274	GAUSSEN Gaetan	M (107.)	SE (39.)	ITSI-BAN ALÈS	00:05:12.2	00:13:31.2	00:22:02.4	13.6
115	366	PAGES Stephane	M (108.)	V1 (33.)		00:06:04.2	00:13:36.4	00:22:09.8	13.5
116	246	HUCTEAU Eric	M (109.)	V1 (34.)	CROSSFIT 461	00:05:23.6	00:13:38.2	00:22:10.3	13.5
117	344	PENARRUBIA Jordan	M (110.)	SE (40.)		00:06:00.0	00:14:17.0	00:22:11.0	13.5
118	116	PASSIEU Stephen	M (111.)	SE (41.)		00:05:47.2	00:14:11.5	00:22:13.3	13.4
119	395	MUJANOVIC Hussein	M (112.)	SE (42.)		00:05:08.8	00:13:34.0	00:22:16.3	13.4
120	340	ROUX Michael	M (113.)	SE (43.)		00:05:58.8	00:14:00.6	00:22:17.4	13.4
121	398	SANNOM Anne	F (8.)	V1 (2.)		00:05:44.8	00:13:49.2	00:22:17.4	13.4
122	369	SANCHEZ Thierry	M (114.)	V2 (17.)	ACNA	00:05:08.1		00:22:18.3	13.4
123	212	CASSOL Sonia	F (9.)	V1 (3.)	LES OLIVETTES	00:05:11.2	00:13:34.0	00:22:19.8	13.4
124	105	BOURZAC	M (115.)	SE (44.)		00:04:55.7	00:13:28.5	00:22:23.2	13.3

Rang	Dos.	Nom Prénom	M/F	Cat.	CP Ville	1200m	3100m	Temps	Moyenne
125	304	AIT AHMED Magid	M (116.)	V3 (2.)		00:05:30.3	00:13:53.4	00:22:23.7	13.3
126	155	SALAS Sebastien	M (117.)	SE (45.)		00:04:47.2	00:13:20.8	00:22:26.8	13.3
127	127	RAMPON Adrien	M (118.)	SE (46.)	MOOVING	00:05:38.6	00:13:43.5	00:22:26.8	13.3
128	112	BARBUSSE Thibault	M (119.)	SE (47.)		00:05:03.5	00:13:28.1	00:22:27.5	13.3
129	349	GUERZOU Syvan	M (120.)	CA (12.)		00:05:40.5	00:14:10.3	00:22:27.9	13.3
130	191	PASSIEU Simon	M (121.)	SE (48.)		00:05:03.7	00:12:54.5	00:22:29.5	13.3
131	373	MIGLIONE Chloé	F (10.)	SE (4.)	AC2A	00:05:31.0	00:13:52.9	00:22:31.9	13.3
132	303	TOUCHET Francis	M (122.)	V2 (18.)	MOVING	00:05:27.9	00:13:42.9	00:22:34.8	13.2
133	137	JODTS Ambre	F (11.)	SE (5.)	SCAC	00:05:18.6	00:13:54.4	00:22:35.1	13.2
134	117	PASSIEU Alain	M (123.)	V3 (3.)		00:05:47.2	00:14:11.8	00:22:35.5	13.2
135	214	TARDEIL Stéphane	M (124.)	V1 (35.)	LES OLIVETTES	00:05:02.2	00:13:39.8	00:22:39.7	13.2
136	321	BIANCHIN Ennio	M (125.)	V4 (1.)	AC2A	00:05:27.1	00:13:59.0	00:22:39.8	13.2
137	357	MATHIS Vincent	M (126.)	V1 (36.)		00:05:47.8	00:14:04.2	00:22:48.3	13.1
138	184	AUDIBERT Cedric	M (127.)	V1 (37.)		00:05:48.0	00:14:04.4	00:22:48.3	13.1
139	103	ROUSSEL Joel	M (128.)	V1 (38.)		00:05:20.8	00:13:59.6	00:22:50.8	13.1
140	377	BORB Jean Claude	M (129.)	V2 (19.)	SCAC	00:05:30.7	00:14:04.3	00:22:51.8	13.1
141	223	CASTAN Magali	F (12.)	V1 (4.)	ITSI-BAN ALÈS	00:06:03.6	00:14:26.7	00:22:52.3	13.1
142	281	GINANE Sylvia	F (13.)	V1 (5.)	GBB	00:05:08.5	00:13:52.0	00:22:52.5	13.1
143	270	MAURIN Claude	M (130.)	V3 (4.)	SCAC	00:05:23.8	00:13:57.7	00:22:55.9	13.0
144	211	POLGE Elodie	F (14.)	SE (6.)	LES OLIVETTES	00:05:14.8	00:13:58.6	00:23:00.6	13.0
145	258	COTTE Steve	M (131.)	V1 (39.)		00:05:21.3	00:13:52.5	00:23:01.6	13.0
146	406	BAUDET Anthony	M (132.)	SE (49.)		00:05:56.9	00:14:22.1	00:23:05.2	12.9
147	323	ALESI Andrien	M (133.)	JU (1.)		00:04:42.8	00:13:23.9	00:23:07.0	12.9
148	183	GLERANT Justine	F (15.)	SE (7.)	ACNA	00:05:29.1	00:14:09.6	00:23:08.2	12.9
149	213	VOLLE Laurent	M (134.)	V1 (40.)	LES OLIVETTES	00:05:33.9	00:14:09.8	00:23:08.4	12.9
150	363	ARNAUD Jerome	M (135.)	SE (50.)	ITSI-BAN ALÈS	00:05:31.6	00:14:07.5	00:23:08.5	12.9
151	394	CHARRE Nicolas	M (136.)	V1 (41.)	MOVING	00:05:30.4	00:14:00.2	00:23:14.5	12.9
152	335	EVESQUE Bernard	M (137.)	V3 (5.)	AC2A	00:05:22.3	00:14:07.1	00:23:15.9	12.8
153	194	MANEN Olivier	M (138.)	V2 (20.)		00:05:37.2	00:14:30.0	00:23:17.4	12.8
154	231	TOURNAIRE Patrice	M (139.)	V1 (42.)		00:05:45.9	00:14:19.3	00:23:19.9	12.8
155	388	PEUZIAT Fanny	F (16.)	SE (8.)		00:05:46.8	00:14:45.8	00:23:29.3	12.7
156	131	BOUDIN Bruno	M (140.)	V2 (21.)	ACCES GAZ	00:05:52.1	00:14:36.4	00:23:31.9	12.7
157	113	FERRIER Pierre	M (141.)	V3 (6.)	ARLES ATHLETISME	00:05:43.9	00:14:30.0	00:23:35.3	12.7
158	153	MARTIN Christopher	M (142.)	SE (51.)		00:07:13.4	00:15:47.3	00:23:45.3	12.6
159	376	MORANDI Cathy	F (17.)	V1 (6.)		00:05:39.1	00:14:31.3	00:23:46.1	12.6
160	387	LAUIACLE Bernard	M (143.)	V2 (22.)		00:05:41.3	00:14:27.7	00:23:46.3	12.6
161	352	DUREUIL Helene	F (18.)	CA (1.)	ACNA	00:05:52.8	00:14:56.6	00:23:47.4	12.6
162	108	RESSOUCHE Mailys	F (19.)	SE (9.)		00:05:49.2	00:14:41.3	00:23:48.2	12.6
163	367	COLOMINA Esteban	M (144.)	CA (13.)		00:05:59.6	00:14:41.1	00:23:50.9	12.5
164	147	BEYRAC Aurélie	F (20.)	SE (10.)	MOOVING	00:05:34.8	00:14:35.9	00:23:52.0	12.5
165	255	MAURIN Béatrice	F (21.)	V2 (2.)	AC2A - NYMPHEA	00:05:39.3	00:14:42.8	00:23:56.5	12.5
166	134	BROISIN Manuel	M (145.)	SE (52.)		00:06:03.6	00:14:51.3	00:23:58.4	12.5
167	178	VIGNOT Frederic	M (146.)	V2 (23.)		00:05:49.2	00:14:53.9	00:24:11.5	12.4
168	160	BAPTISTE Gino	M (147.)	SE (53.)	FORM'EVENT	00:05:47.5	00:14:55.8	00:24:18.1	12.3
169	239	PUJALTE Didier	M (148.)	V2 (24.)	MOVING	00:06:49.8	00:16:13.2	00:24:18.2	12.3
170	322	LOBIER Jerome	M (149.)	V1 (43.)		00:05:35.8	00:15:07.9	00:24:27.9	12.2
171	397	PALHERES Elodie	F (22.)	SE (11.)	MONS RUNNING	00:05:33.4	00:14:41.9	00:24:28.7	12.2
172	391	SALANOVA Amandine	F (23.)	SE (12.)		00:05:51.6	00:14:57.5	00:24:29.6	12.2
173	247	CAUSSE Rémy	M (150.)	V1 (44.)		00:06:01.0	00:15:10.2	00:24:31.5	12.2
174	123	SIMONI Laetitia	F (24.)	V1 (7.)	FORM'EVENT	00:05:50.0	00:14:57.2	00:24:35.6	12.1
175	407	COURBIER Nicolas	M (151.)	SE (54.)		00:05:26.7	00:14:42.4	00:24:38.4	12.1
176	268	HUGON Yoan	M (152.)	SE (55.)	MOVING	00:07:12.2	00:16:01.7	00:24:39.1	12.1
177	257	ROUSTAN HAON	F (25.)	V1 (8.)	AC2A - NYMPHEA	00:05:38.1	00:14:59.5	00:24:40.1	12.1
178	326	FANGIER Patrick	M (153.)	V3 (7.)		00:05:59.9	00:15:19.8	00:24:41.4	12.1
179	389	PALLOT Catherine	F (26.)	V1 (9.)	NTA	00:05:37.1	00:15:03.4	00:24:45.3	12.1
180	245	DUBOIS Régis	M (154.)	V2 (25.)	TEAM REGIS	00:05:23.9	00:14:55.9	00:24:45.8	12.1
181	278	BENAZOUZ Nassera	F (27.)	V1 (10.)	MOVING ITSI BAN	00:06:09.2	00:15:21.3	00:24:46.8	12.1
182	177	LAURENT Dominique	M (155.)	V3 (8.)		00:05:43.3	00:15:05.7	00:24:47.3	12.1
183	226	REVERGET Frédéric	M (156.)	V1 (45.)	SUZUKI ALÈS	00:06:01.6	00:15:03.1	00:24:47.5	12.1
184	227	REVERGET Théo	M (157.)	CA (14.)	SUZUKI ALÈS	00:06:02.2	00:15:05.4	00:24:47.9	12.0
185	400	BRON Corine	F (28.)	V1 (11.)	MONS RUNNING	00:06:01.9	00:15:18.9	00:24:48.3	12.0
186	384	GANDE Franck	M (158.)	SE (56.)	ITSI-BAN ALÈS	00:06:03.4	00:15:21.3	00:24:51.3	12.0
187	386	CHAPELLE Jeremie	M (159.)	SE (57.)		00:06:03.2	00:15:21.4	00:24:51.3	12.0

Rang	Dos.	Nom Prénom	M/F	Cat.	CP Ville	1200m	3100m	Temps	Moyenne
188	249	ALEMU MONNIER	F (29.)	V3 (2.)	AC2A	00:06:03.0	00:15:22.5	00:24:51.8	12.0
189	342	PRZYBYLSKI Piotr	M (160.)	V2 (26.)		00:06:44.2	00:16:07.3	00:25:00.1	11.9
190	200	FAUGIER	F (30.)	V2 (3.)		00:06:25.5	00:15:45.8	00:25:02.4	11.9
191	106	GALLE Sabine	F (31.)	V1 (12.)	SAINT-ÉTIENNE-VALLÉE-FRANÇ	00:05:54.7	00:15:16.0	00:25:04.1	11.9
192	433	TESTARI Mathieu	M (161.)	V1 (46.)		00:07:10.3	00:16:04.0	00:25:05.2	11.9
193	423	BOUHENCHOUCH	M (162.)	SE (58.)		00:05:58.6	00:15:26.2	00:25:06.2	11.9
194	203	COLLIN Bernard	M (163.)	V2 (27.)		00:06:40.6	00:16:44.2	00:25:06.3	11.9
195	351	CASTERON Samuel	M (164.)	MI (3.)		00:05:28.2	00:14:40.7	00:25:11.1	11.9
196	236	ROUVIER Muriel	F (32.)	SE (13.)		00:06:04.1	00:15:25.4	00:25:14.9	11.8
197	242	METRALS Philippe	M (165.)	V2 (28.)		00:06:19.2	00:15:43.0	00:25:20.7	11.8
198	277	DECOBERT Elsa	F (33.)	CA (2.)	ACNA	00:05:52.8	00:15:40.2	00:25:26.6	11.7
199	354	JOINI Khoula	F (34.)	SE (14.)		00:05:40.9	00:15:30.6	00:25:29.7	11.7
200	144	TAVARNER David	M (166.)	V1 (47.)	INJECT-STYRENE	00:06:36.8	00:16:06.1	00:25:31.0	11.7
201	365	RIBOT Philippe	M (167.)	V2 (29.)		00:06:31.3	00:15:57.8	00:25:32.0	11.7
202	375	WALLACE Winston	M (168.)	SE (59.)	MOVING	00:06:06.6	00:15:28.7	00:25:32.3	11.7
203	265	MOREAUX Antoine	M (169.)	CA (15.)	ITSI-BAN ALÈS	00:05:55.7	00:15:05.0	00:25:35.1	11.7
204	167	GAUCI Romuald	M (170.)	SE (60.)	FORM'EVENT	00:07:02.4	00:16:29.1	00:25:36.7	11.7
205	168	SAULO Laurie	F (35.)	SE (15.)	FORM'EVENT	00:07:02.7	00:16:29.8	00:25:43.2	11.6
206	250	SALGUES Marie	F (36.)	SE (16.)		00:06:00.9	00:15:37.5	00:25:50.6	11.6
207	289	BORD Valérie	F (37.)	V2 (4.)	FORM'EVENT	00:06:58.5	00:16:27.8	00:25:50.9	11.6
208	138	CANTA Lauriane	F (38.)	SE (17.)		00:06:33.1	00:16:02.7	00:26:00.0	11.5
209	419	GUIGON Ghislaine	F (39.)	V1 (13.)		00:06:22.7	00:16:04.9	00:26:01.3	11.5
210	422	CHERINO Muriel	F (40.)	V1 (14.)		00:06:23.2	00:16:06.2	00:26:01.3	11.5
211	424	NAQUER Eric	M (171.)	V2 (30.)		00:06:22.8	00:16:06.0	00:26:01.4	11.5
212	188	LEGRAND Ludovic	M (172.)	V1 (48.)		00:06:36.8	00:16:22.7	00:26:02.9	11.5
213	399	SUNÉ Jean Manuel	M (173.)	V1 (49.)		00:06:32.1	00:16:08.1	00:26:05.2	11.5
214	401	GAUTHIER Anais	F (41.)	SE (18.)		00:06:32.1	00:16:10.9	00:26:05.4	11.4
215	260	DUGUET Jules	M (174.)	CA (16.)	ITSI-BAN ALÈS	00:05:37.3	00:15:05.3	00:26:06.5	11.4
216	175	BOULARD Joséphine	F (42.)	SE (19.)	VYTAJOG	00:06:04.1	00:15:52.5	00:26:09.2	11.4
217	286	BRUN Raphaël	M (175.)	SE (61.)	FORM'EVENT	00:06:46.4	00:16:37.1	00:26:12.9	11.4
218	165	CAVAILLÉ Mélanie	F (43.)	SE (20.)	FORM'EVENT	00:06:25.3	00:16:21.8	00:26:16.4	11.4
219	266	HEDDEBAUT	M (176.)	SE (62.)	MOVING	00:07:11.6	00:16:25.2	00:26:21.3	11.3
220	118	BASTIDE Marina	F (44.)	SE (21.)		00:07:02.5	00:17:02.1	00:26:22.8	11.3
221	162	MERCIER Alain	M (177.)	V1 (50.)	FORM'EVENT	00:07:02.9	00:16:32.2	00:26:25.8	11.3
222	361	GABRIEL Gauthier	M (178.)	SE (63.)		00:06:36.4	00:16:42.9	00:26:27.3	11.3
223	174	CASTIGLION Valerie	F (45.)	V2 (5.)	CLERMONT SPORT	00:06:39.4	00:16:27.5	00:26:27.8	11.3
224	356	BALEZ Cedric	M (179.)	V1 (51.)		00:05:58.1	00:16:01.2	00:26:30.4	11.3
225	355	NAPOLEON Nelly	F (46.)	V1 (15.)		00:05:59.5	00:16:03.0	00:26:30.4	11.3
226	187	HOFFNUNG Jean	M (180.)	V2 (31.)		00:06:36.8	00:16:24.2	00:26:32.6	11.3
227	329	CROUZET Emile	M (181.)	V2 (32.)		00:06:58.8	00:16:36.7	00:26:33.2	11.2
228	297	ROUVIERE Sèverine	F (47.)	SE (22.)	FORM'EVENT	00:06:03.0	00:15:54.9	00:26:48.8	11.1
229	409	FIGUIERE Sophie	F (48.)	V1 (16.)		00:06:34.5	00:16:38.4	00:26:51.9	11.1
230	219	CATALAN Baptiste	M (182.)	SE (64.)	ITSI-BAN ALÈS	00:06:10.7	00:16:14.4	00:26:58.9	11.1
231	218	PEYREBESSE Elodie	F (49.)	SE (23.)	ITSI-BAN ALÈS	00:06:39.8	00:16:55.8	00:27:00.2	11.1
232	205	JACOB Valérie	F (50.)	V2 (6.)		00:06:42.8	00:16:44.1	00:27:05.0	11.0
233	130	BERAUD Laurence	F (51.)	V2 (7.)	FORM'EVENT	00:06:26.8	00:16:27.1	00:27:07.5	11.0
234	362	ROUVIERE Severine	F (52.)	SE (24.)		00:06:59.4	00:16:39.6	00:27:08.1	11.0
235	279	COLLOMB Marina	F (53.)	V1 (17.)		00:07:01.1	00:17:02.8	00:27:12.2	11.0
236	347	VERNIER Patrice	M (183.)	V2 (33.)	MOVING	00:06:46.5	00:16:38.1	00:27:13.4	11.0
237	172	DJOUKHADAR Ayad	M (184.)	V3 (9.)	ATHLETISME ET COURSE	00:06:44.9	00:16:58.2	00:27:15.4	11.0
238	216	GUILLEMOT Jean	M (185.)	V1 (52.)	LES OLIVETTES	00:05:56.5	00:16:11.9	00:27:16.9	10.9
239	334	ARMAND Monique	F (54.)	V3 (3.)	MC NIMOIS	00:06:27.1	00:16:47.1	00:27:28.2	10.9
240	139	BAENA André	M (186.)	V2 (34.)		00:06:49.5	00:16:56.5	00:27:28.4	10.9
241	294	ROUX Céline	F (55.)	SE (25.)	FORM'EVENT	00:06:58.3	00:16:53.7	00:27:34.1	10.8
242	163	VAIROU Jean Vincent	M (187.)	SE (65.)	FORM'EVENT	00:06:16.2	00:16:45.4	00:27:44.6	10.8
243	325	GIORDANO Angela	F (56.)	CA (3.)		00:05:48.1	00:16:39.8	00:27:54.6	10.7
244	353	DUREUIL Anais	F (57.)	MI (2.)	ACNA	00:06:23.9	00:16:37.5	00:27:55.9	10.7
245	128	ROUX Martine	F (58.)	V3 (4.)	ACNA	00:06:38.7	00:17:09.5	00:27:56.7	10.7
246	256	MIKOLAJCZYK Agnès	F (59.)	V2 (8.)	AC2A - NYMPHEA	00:06:30.7	00:17:04.3	00:28:04.1	10.6
247	312	BOURGEOIS Jean	M (188.)	V3 (10.)	AC2A	00:06:00.4	00:15:56.3	00:28:05.1	10.6
248	412	CRONDET Thomas	M (189.)	MI (4.)		00:06:13.2	00:16:30.1	00:28:05.2	10.6
249	195	AUBAGUE Marie-Eve	F (60.)	V1 (18.)	JULIRUNNERS	00:07:01.2	00:17:24.4	00:28:06.0	10.6
250	136	DELANNOY	F (61.)	V4 (1.)	AC2A	00:06:55.1	00:17:26.7	00:28:06.3	10.6

Rang	Dos.	Nom Prénom	M/F	Cat.	CP Ville	1200m	3100m	Temps	Moyenne
251	126	TABONI Violette	F (62.)	SE (26.)	INSTANT PAIN BAGNAT	00:06:27.3	00:16:55.5	00:28:07.3	10.6
252	358	TAUPENOT Sophie	F (63.)	V1 (19.)	MOVING	00:07:01.9	00:17:23.8	00:28:07.5	10.6
253	275	AMSELLEM Benjamin	M (190.)	SE (66.)	CROSSFIT 461	00:06:33.0	00:17:01.4	00:28:07.7	10.6
254	121	PARMENT Lutzi	F (64.)	CA (4.)	FORM'EVENT	00:07:27.5	00:17:33.8	00:28:08.0	10.6
255	259	SCALZO Amandine	F (65.)	SE (27.)	ITSI-BAN ALÈS	00:06:46.1	00:17:05.5	00:28:16.9	10.6
256	392	LEDRU Gaelle	F (66.)	SE (28.)		00:07:00.8	00:17:23.9	00:28:24.4	10.5
257	383	ARNAUD Karine	F (67.)	SE (29.)	ITSI-BAN ALÈS	00:07:07.8	00:18:05.0	00:28:53.5	10.3
258	410	GRAND Céline	F (68.)	SE (30.)	ITSI-BAN ALÈS	00:07:07.9	00:18:05.0	00:28:54.0	10.3
259	324	MESSAOUDI Dalila	F (69.)	V1 (20.)		00:07:21.1	00:17:53.5	00:28:56.9	10.3
260	176	TESTARD Michel	M (191.)	V3 (11.)		00:07:15.8	00:17:50.3	00:29:01.4	10.3
261	272	BLANC Patrick	M (192.)	V3 (12.)	SCAC	00:06:51.6	00:17:56.2	00:29:06.1	10.3
262	273	BLANC Charlotte	F (70.)	SE (31.)	SCAC	00:06:51.6	00:17:56.1	00:29:06.3	10.3
263	285	VANDENAWELLE	M (193.)	V2 (35.)	CTC AATAC	00:07:06.8	00:17:58.5	00:29:16.0	10.2
264	313	BOURGEOIS Helene	F (71.)	V3 (5.)		00:06:51.6	00:17:47.6	00:29:16.1	10.2
265	378	BRIGNIER Chrystel	F (72.)	V1 (21.)		00:07:16.4	00:18:09.7	00:29:16.5	10.2
266	371	SANCHEZ Valerie	F (73.)	V2 (9.)		00:07:17.1	00:18:10.6	00:29:16.7	10.2
267	336	RIGA Maéva	F (74.)	SE (32.)	MOVING	00:07:06.8	00:17:59.2	00:29:17.1	10.2
268	140	CARLIER Eddy	M (194.)	V1 (53.)		00:06:47.6	00:17:41.3	00:29:36.1	10.1
269	122	REDONDO Magali	F (75.)	V2 (10.)	FORM'EVENT	00:07:40.0	00:18:41.4	00:29:41.2	10.1
270	197	CHAYNE Celine	F (76.)	V1 (22.)		00:07:33.9	00:18:42.5	00:29:44.2	10.0
271	143	MARTINEZ Sylvie	F (77.)	V1 (23.)	INJECT-STYRENE	00:07:33.9	00:18:42.1	00:29:44.3	10.0
272	302	KOKERNOOT	F (78.)	JU (1.)		00:06:51.6	00:17:47.3	00:29:45.9	10.0
273	119	BASTIDE Simone	F (79.)	V3 (6.)		00:07:22.5	00:18:27.8	00:29:48.7	10.0
274	418	GUEROUAHANE	F (80.)	V1 (24.)		00:07:41.8	00:18:58.2	00:30:23.5	9.8
275	370	BEBERICE Leslie	F (81.)	SE (33.)		00:07:30.6	00:18:51.9	00:30:29.7	9.8
276	269	KOLLY Franck	M (195.)	SE (67.)	MOVING	00:07:14.0	00:18:51.9	00:30:38.6	9.7
277	267	AURAND Amélie	F (82.)	SE (34.)	MOVING	00:07:13.8	00:18:52.8	00:30:39.3	9.7
278	220	DAVOUST Aurélie	F (83.)	SE (35.)	ITSI-BAN ALÈS	00:07:30.9	00:18:52.9	00:30:58.9	9.6
279	111	MOLLE Armandine	F (84.)	SE (36.)		00:06:32.2	00:18:11.0	00:31:19.8	9.5
280	405	405 Non Transmis	M (196.)	SE (68.)		00:07:53.1	00:19:16.0	00:31:30.9	9.5
281	414	414 Non Transmis	M (197.)	SE (69.)		00:07:54.7	00:19:19.1	00:31:31.4	9.5
282	379	DEES Anthony	M (198.)	SE (70.)	MOVING	00:07:56.1	00:19:49.3	00:31:39.3	9.4
283	402	LOZANO Cintia	F (85.)	SE (37.)		00:07:56.1	00:19:48.9	00:31:39.3	9.4
284	288	BERAUD Frédéric	M (199.)	V2 (36.)	FORM'EVENT	00:06:54.4	00:19:20.5	00:32:10.4	9.3
285	360	MATHIEU Delphine	F (86.)	V1 (25.)		00:07:51.7	00:20:00.0	00:32:33.4	9.2
286	359	MATHIEU Sebastien	M (200.)	V1 (54.)		00:07:50.8	00:19:57.9	00:32:33.9	9.2
287	319	ROUSTAN-LABOURE	M (201.)	CA (17.)	AC2A	00:05:59.4	00:18:30.7	00:33:20.2	8.9
288	341	REBOUL Helene	F (87.)	V3 (7.)		00:07:45.2	00:20:25.3	00:33:54.7	8.8
289	159	SILES Pauline	F (88.)	SE (38.)	FRIANDINE	00:08:15.1	00:21:20.1	00:34:28.6	8.7
290	385	MARTIN Maeva	F (89.)	SE (39.)		00:08:15.0	00:21:20.2	00:34:28.8	8.7
291	296	CELLIER Cyril	M (202.)	V1 (55.)	FORM'EVENT	00:07:43.7	00:20:42.4	00:34:34.7	8.6
292	337	BARET Evelyne	F (90.)	V3 (8.)	AC2A	00:08:07.2	00:21:15.4	00:35:05.8	8.5
293	343	BALAZS Christiane	F (91.)	V3 (9.)		00:08:07.9	00:22:10.6	00:36:20.0	8.2
294	330	BALAZS Brigitte	F (92.)	SE (40.)		00:07:57.8	00:22:09.2	00:36:20.9	8.2
295	146	BOUIS Florence	F (93.)	SE (41.)		00:09:22.8	00:25:25.8	00:42:38.6	7.0